



Department of Health and Human Development
Kinesiology Program Internship Manual
Part 2 of 8: **Student preparation**

COMPLETED CLASSES THAT PROVIDE SKILLS AND KNOWLEDGE RELATED TO MY INTERNSHIP

Share this table with your internship supervisor and your site supervisor

Student name:

COURSE TITLE #1 (e.g. Exercise Physiology)

RELEVANT CONTENT OF CLASS

COURSE TITLE #2 (e.g. Exercise Physiology)

RELEVANT CONTENT OF CLASS

COURSE TITLE #3 (e.g. Exercise Physiology)

RELEVANT CONTENT OF CLASS

COURSE TITLE #4 (e.g. Exercise Physiology)

RELEVANT CONTENT OF CLASS

COURSE TITLE #5 (e.g. Exercise Physiology)

RELEVANT CONTENT OF CLASS



Personal Goals and Information

Student name:

What are your career goals?

What are your internship goals?

What skills do you hope to acquire as a result of your internship?

How do your internship goals relate to your career goals?



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What are your strengths?

In what areas do you feel you need further growth? (Include both personal attributes and professional concerns.)

List and briefly describe your previous work experience. (Paid and voluntary)

List areas in which you are currently certified. (WSI, ARC First Aid/CPR, ACSM, NSCA, IDEA, etc.)

Additional comments and information.