I am the owner and head coach at Manthey Momentum located just north of Slater Rd.

I returned "home" to Ferndale after a decade of living abroad (both domestically and internationally) and playing professional soccer. Travis Connell was my youth soccer coach even! It has been a joy being back, serving the adults and youth of our community, growing my family, and connecting with other professionals in our area.

I am very interested in forming a working relationship with you and the department at WWU in order to provide a space committed to excellence for young and upcoming kinesiology majors and aspiring performance coaches/personal trainers.

I had the pleasure of working with a student who was pursuing a graduate's degree in human performance and wellness from Liberty University. She completed her requirements for her internship with me even during the shutdown and then slow re-start. It was a joy walking with her as she gained hands on experience in the field. It made me realize how important a space like mine is to someone who is deeply invested in growing in this field. I would love to work with more students in an internship capacity to help them discover what they are passionate about within the field of kinesiology/human performance and to provide a rich learning environment for them.

Please let me know if there is anything I can do to support you, your staff and your students during this time.

Cheers,

Megan Richey

Owner

ISSA Elite Trainer

p: 360.306.8628



[www.mantheymomentum.com](https://nam03.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.mantheymomentum.com%2F&data=02%7C01%7Clogued%40wwu.edu%7C57ffbb8be9c94ae3631808d84ee26d42%7Cdc46140ce26f43efb0ae00f257f478ff%7C0%7C0%7C637346081694138290&sdata=cv0cS3ulTnNHE6wR7q8RHb3Eid%2F5MqFcAcG0lZMZVqQ%3D&reserved=0)

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