

I am hoping you can send this job opportunity out again now that we are getting closer to spring graduation. We will still be holding interviews for the next 2-3 weeks.

I am looking to hire a **full-time** Exercise Specialist at Fairwinds Brittany Park retirement community in Woodinville, WA. The position involves working with older adults, ranging from 65 – 100+ years old. In our PrimeFit gym, we help to rehabilitate and maintain health and well-being through fitness and exercise programming. This is a field I was not as familiar with when I graduated, but I highly recommend that students explore working with this population. Since we work closely with other Healthcare Professions, it is also a great opportunity for those looking into physical therapy. The full job description is below.

For those wanting stability in this field, this is a great position! It is Monday-Friday about 8-4 with paid holidays, vacations/sick leave, medical, dental, and 401K matching. Even through this last year of shutdowns, we were able to stay fully employed!

We have found some great candidates from Western in the past and would love to find someone with experience and knowledge in Kinesiology.

Lindsay Johanson | PrimeFit Director  
**Fairwinds Brittany Park** | A Leisure Care Community

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### **Job Description**

This is an exciting opportunity to provide a variety of personal health and fitness services for residents of our active, independent retirement community. As a PrimeFit trainer you would have the opportunity to create and implement your own training program, teach group exercise classes, and provide post-rehabilitation services. While working off recommendations and referrals from allied healthcare professionals you will be providing top of the line fitness care. The ideal candidate will possess a passion for providing a variety of fitness activities and programs to satisfy the body, mind, and spirit of our residents. We're seeking someone who can work in a fast pace training environment while bringing creativity to the program.

Position is full-time. Monday-Friday, normal daily hours are about 8am-4pm

Opportunities for paid continuing education and certification through American Council on Exercise. (Senior Fitness Certification, Health Coach Certification, etc.)

**Minimum qualification** of Bachelor's degree in Kinesiology/Exercise Science or related degree.

If you have a strong desire for a rewarding job, **please apply by sending resume to** [Ljohanson@leisurecare.com](mailto:Ljohanson@leisurecare.com)