MAJOR IN PSYCHOLOGY
Determine if WWU Psych is Right for You
So you’re interested in psychology...
WWU PSYCHOLOGY 2021-22

75 CREDIT MAJOR

✔ 5 @ 100-level
  • Intro Psych equivalent
  • AP = 3+
✔ 30 @ 200-level
CONTENT AREAS

- Cognitive
- Behavioral Neuroscience
- Lifespan Developmental
- Social
- Abnormal
- Research Methods
2021-22 New Major Prerequisites

1. Completion (including current class enrollment) of at least 90 credits;
2. Completion of at least 20 PSY credits (with a C- or better) by the end of the current quarter, including completion of PSY 101 and PSY 297A/203*, and completion/current enrollment in two courses from PSY 210, 220, 230, 240, and 250, or transfer credit for those courses as indicated on the Transfer Equivalency Report. At least 5 200-level PSY credits taken at Western;
3. Achieved a Western GPA (based on at least 12 credits) of 2.70 or higher**. In the absence of a Western GPA, a GPA of 2.70 or higher from an equivalent four-year institution (based on at least 12 credits) or a cumulative GPA from a completed Associates degree may substitute for the Western GPA. A psych GPA (based on an average of two or more 200-level major-required psych courses*) may substitute for a cumulative GPA.

* Exception for current enrollment in fall '21 PSY 203 sections available on a case-by-case basis. See Major Application Exception webform.

** GPA minimum requirement increased from a 2.6 to 2.7 beginning fall '21.

Please note: The new major application portal is only open during the third and fourth weeks of fall, winter, and spring quarter. Application is unavailable summer quarter.
Do I need a Major Application Exception form?

Are you currently enrolled in PSY 203?

If yes, then yes, you need to complete and submit a Major Application Exception form...
2021-22 APPLICATION REMINDERS

Students intending to declare a major in psychology or human development must:

- meet all prerequisites,
- complete the Major Application Quiz, and
- complete the application webform fully and on time.

Please note that the Department of Psychology is highly impacted, meaning the number of students wishing to declare exceeds the space available. As a result, admission will be determined each quarter on a space-available basis, determined by GPA ranked from high to low.

The quiz and new major application portal are open during weeks three and four of fall, winter, and spring quarter via the Psychology Department website, see link below.

APPLICATIONS DUE Fri, October 15 by 5PM

NOTIFICATIONS WILL BE SENT BY END-OF-DAY Wed, October 20

WE ANTICIPATE A 3.0+ GPA CUTOFF
Major Application Quiz

The Major Application Quiz* offers students interested in applying to WWU’s psychology or human development majors an opportunity to test their Department and University knowledge.

The quiz is comprised of 11 questions pertaining to general information that can be gained by reviewing the current University Catalog and major checklists. Though there is only ONE correct answer to each question, the intention of this quiz is to eliminate surprises as students pursue their major. It is not scary, you cannot fail it; however, not paying close enough attention to the info provided WILL increase confusion later on. Therefore, answer to the best of your ability and then pay close attention to the correct answers.

Can't access the quiz? Self-enroll in our Psychology Interest Canvas course

*Remember: This quiz must be completed before your new major application can be evaluated. The application portal will be open weeks three and four of fall, winter, and spring quarter.
2020-21 Psychology and Human Development Major Declaration

To declare a 2020-21 major, a psychology pre-major must have:

- Successfully completed/transfered PSY 301;
- Achieved a WWU GPA (based on at least 12 credits) of 2.70 or higher. A GPA of 3.0 or higher in Western PSY courses, including PSY 301, may substitute for the cumulative 2.70 GPA.

Students who have successfully declared a psychology pre-major and meet all the above major requirements may declare a 2020-21 major:

Declare Today!
Fall Quarter Major Application
Available Monday, October 4 @ 8:30AM through Friday, October 15 @ 5PM

Apply in a Few Easy Steps:
1. Finalize and Submit Your Application
2. Complete the Major Application Quiz

Unable to access the Major Quiz? Self-Enroll Here

3. Currently enrolled in PSY 203? Submit a Major Application Exception

Completed PSY 301 and meet all other pre-reqs? Declare the 2020-21 Major. Declarations due October 27.
# Psychology Minor Checklist

2021-22 Credit Requirements: 24 Credits (50% earned at WWU; 50% may overlap with other minors)

Grade Requirements: Grades of C- or better are required for all minor coursework.

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Prerequisite</th>
<th>GUR</th>
</tr>
</thead>
<tbody>
<tr>
<td>101 Introduction to Psychology</td>
<td>5</td>
<td>None</td>
<td>SSC</td>
</tr>
<tr>
<td><strong>One or more from:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>210 Cognition</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td>220 Introduction to Behavioral Neuroscience</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td><strong>One or more from:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>230 Lifespan Developmental</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td>240 Social Psychology</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td>250 Introduction to Abnormal Psychology</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td><strong>Nine (9) additional elective credits</strong>*</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>116 Human Sexuality</td>
<td>5</td>
<td>None</td>
<td>SSC</td>
</tr>
<tr>
<td>117 Psychology of Identity</td>
<td>5</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>118 Psychology of Happiness and Well-Being</td>
<td>5</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>119 Psychology of Gender</td>
<td>4</td>
<td>None</td>
<td>BCGM</td>
</tr>
<tr>
<td>203 Research Methods</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td>274 Psychology of Child Rearing</td>
<td>5</td>
<td>101</td>
<td>None</td>
</tr>
<tr>
<td>278 Psychology of Trauma (offered online, summer quarter)</td>
<td>5</td>
<td>None</td>
<td>SSC</td>
</tr>
</tbody>
</table>

*Including remaining 200-level courses.
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✓ 30 @ 200-level
  • Cognition
  • Behavioral Neuroscience (Psychopharmacology)
  • Lifespan Developmental (not Child Development)
  • Social
  • Abnormal
  • Research Methods
✓ 15 @ 300-level Sequence
  • 305 Scientific Thinking & Writing (WP2)
300 SEQUENCE

- 305 Scientific Thinking and Writing (WP2)
  - Critical evaluation
  - Peer reviewed journal articles
  - Academic writing

Research + Statistics:
- 306 Correlational Approaches
  - Methods
  - Design
  - Instrument development
- 307 Experimental Approaches
  - General linear model tests
  - Follow-up tests
  - Computer data analysis
  - PsychFest

\[ \text{SD} = \sqrt{\frac{\sum (x - \overline{x})^2}{n}} \]
Example research titles presented at past PsychFests include:

- Media Manipulation: Analyzing the Effects of Cultural Exposure and Education on Empathy
  Marissa Johnson, Elsa Willows

- Effects of Walking a Large Dog in Public on Ratings of Confidence and Safety
  Jennifer Mittag, Christine Teeter

- Greed, SES, and Unethical Decision Making: A Failed Replication
  Megan Stein, Ambra Nowlin, and Tanya Young

Defining Quality Faculty Advising: A Student-Led Mixed Methods Approach
Rajveer Gill, Sera Wheeler, Rochelle A. Robinson, Shann Sowell, Aaron Smith, Diana Gruman, Larry Symons, Jennifer Devenport, and Todd Haskell
Western Washington University

In response to student concerns for current departmental advising practices, a committee comprised of Psychology faculty, staff, and students formed to survey psychology majors' perceptions and measures of current advising practices. Post-survey, student advising committee members facilitated focus group interviews, capturing student opinions of quality advising. Methods: WWU students (N = 48) completed an online survey (72% female, 18.0% White, 2.1% non-binary; M = 22.4 years) completing a voluntary and anonymous survey assessing advising tools and satisfaction, including free response questions (e.g., To me quality advising includes...). The Consensual Theory approach was used to further explore students’ advising experiences. Students from the Psychology Department Advising Committee (locally, remitted, and instructed 10-12 minute-structured group interviews where students discussed personal advising experiences (e.g., overall perception of advising, individual country improvements). Grounded theory phenomenography provided a framework for interviews to be systematically coded into five categories, using 65% rule, then categorized by family to discern themes for what quality faculty advising looks like to psychology students (Stemler & Crotts, 1999).

Results: Quality advising themes that emerged in post-survey interviews: similar advising needs from different perspectives (e.g., Structural Guidance + Support, Knowledgeable, Commitment to Advising). The lack of positive advising experiences communicated by students helped the committee focus on intentional, programmatic, and procedural changes to make students feel more supported through their undergraduate journey, i.e., how quality advising families work together.

Study: one brought access to faculty and staff that departmental advising must change in order to better support our students’ growing needs. Results from this study inform faculty advisors that they must be more aware of the relationships and environments we create for our students, particularly how Knowledge and Structured Guidance + Support work together with Commitment to Advising and Sensitivity to ensure students feel secure and respected.

In the future, intentional adviser training and resources will be essential to positively impact student experience. Study two will take place spring 2020.
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  • Lifespan Developmental (not Child Development)
  • Social
  • Abnormal
  • Research Methods
✓ 15 @ 300-level Sequence
  • 305 Scientific Thinking & Writing
  • 306 Correlational Approaches
  • 307 Experimental Approaches
✓ 25 @ 300- and 400-level
What exactly is a Bachelor of Science?
WWU PSYCHOLOGY 2021-22

75 Credit Major

✔ 5 @ 100-level
✔ 30 @ 200-level
✔ 15 @ 300-level Sequence
✔ 25 @ 300- and 400-level Upper-Division

WWU Requires:

✔ 180 total credits
  ✔ Psych satisfies 75 credits
✔ 60 Upper-Division (300/400)
  ✔ Psych satisfies 40 UD credits
✔ 3 Writing Proficiency Points
  ✔ Psych satisfies ALL 3 WPP
GRADUATE STUDY

Masters

- Experimental
- Clinical Mental Health Counseling
- School Counseling

PhD/PsyD

- Google Scholar
USE YOUR DEGREE

Advertising Agent

Case Manager

Market Researcher

Technical Writer
EVENTS + RESOURCES

• Psych Club
• Psi Chi Honor Society
• PsychFest
  • Spring 2022
• Annual Conferences
• Department Canvas Courses
• Degree Works
• Department of Psychology Website
### Volunteer Opportunities

There are many opportunities for students to volunteer, gain valuable skills, and give back to the community. Students may contact the [Center for Community Learning](https://chss.wwu.edu/psychology/volunteer-opportunities) at Western Washington University or the [Whatcom Volunteer Center](https://chss.wwu.edu/psychology/volunteer-opportunities) to learn about current and upcoming volunteer experiences.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Interest Areas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Animals as Natural Therapy</td>
<td>Animal, Community Aid, Youth</td>
</tr>
<tr>
<td>Blue Skies for Children</td>
<td>Youth, Community Aid</td>
</tr>
<tr>
<td>Boys and Girls Clubs</td>
<td>Youth, Counseling</td>
</tr>
<tr>
<td>Brigadoon Service Dogs</td>
<td>Animal, Community Aid</td>
</tr>
<tr>
<td>Brigid Collins Family Support Center</td>
<td>Youth, Family, Community Aid, Counseling</td>
</tr>
<tr>
<td>Professor</td>
<td>Courses taught most often</td>
</tr>
<tr>
<td>---------------</td>
<td>---------------------------</td>
</tr>
<tr>
<td>J. Rose</td>
<td>Psy 321, Psy 220, Psy 328/428</td>
</tr>
<tr>
<td>J. Devenport</td>
<td>Psy 240, 344, 442</td>
</tr>
<tr>
<td>A. Czopp</td>
<td>Psy 101, 240, 303</td>
</tr>
<tr>
<td>T. Schudich</td>
<td>Psy 250, 354, Grad classes</td>
</tr>
</tbody>
</table>
WELCOME

• Main Office AIC 434→
  • psychology@wwu.edu

• Advising appointments available
  https://wwupsychadvising.youcanbook.me

• Interested in Behavioral Neuro?
  • Andrea.Swanson@wwu.edu

• Interested in Psych + Education?
  • Tina.DuRocherSchudlich@wwu.edu
RESOURCES

• Department Canvas Courses
• Degree Works
• Department of Psychology Website
• Psychology Major Checklist
• Human Development Major Checklist
• Psychology Minor Checklist
• Declaring a Psychology Major
• Explore Possible Minors
FACULTY + STAFF

Psychology Department Faculty & Staff, May 2018
QUESTIONS?

THINK OF SOMETHING ELSE?
EMAIL ROCHELLE.ROBINSON@WWU.EDU