LOCAL COUNSELORS & AGENCIES (Bellingham/Whatcom County)

The top part of this list includes counselors who have given their permission to refer clients to them, and some of these may be able to provide services for a reduced fee or on a sliding scale basis. (Some counselors may not be able to take new clients at this time; some take insurance and some have sliding scales – please inquire with counselors for further details) The bottom part of the list includes local agencies/clinics.

Name	Phone	Client types
Ann Barry, MA, LMFTA	206-355-2753	Individuals, couples & families
Chanel Brown, MA, LMHCA	253-478-2485	Individuals (18+): anxiety, grief, loss, depression, life transitions
Merry Capozzolo, MS, LMHCA	360-300-2123	Individuals, families, couples, children, and adults: attachment, grief, and trauma resolution
Kat David, MS, LMHC	360-230-8064	Individuals (18+): anxiety, depression, trauma, coping skills
Lisa Harmon, LMHC	360-820-9469	Individuals, couples, postpartum/perinatal, trauma
Laurel Holmes, MA, LMHC	360-920-0009	Couples, individuals, children (13+): EMDR, anxiety, depression, grief, transition, relationships
Amy Klions, MS, LMHCA	360-389-3487	Individuals, adolescents, children (10+)
Claire Mannino, MS, LMHC	360-224-5334	Individuals, young adults, adolescents; LGBTQ+
Margaret Manning-Shull, MS, LMHC	360-920-2053	Individuals, couples, children 12 and under
Brian McClincey, MA, LMHC	360-255-8260	Individuals, couples, families, children 6+
Elizabeth Snyder, MS, LMHC	360-734-5552	Young adults and adolescents
Johanna Stulting, MS, LMHC	360-436-6284	Individuals (adults 18+)
<u>Martha Aguilar, LMFT</u>	360-200-8788	Latine/x Centered therapy with social justice/liberation focus
Page Roth, MS, LMHC	360-363-0701	Individuals, couples, sexual violence/trauma, identity development
Valerie Castillo, MS, LMHCA	425-228-5336	Adolescents, Young Adults, Adults, Couples (virtual appt only)
Hannah Thomas, LMHCA	360-488-0010	Individuals (18+): anxiety, trauma (childhood and recent), life transitions, LGBTQ+ +support

Whatcom Mental Health - Newsletter (PDF)

http://www.whatcommentalhealth.org/WhatcomMentalHealth-Newsletter-Current.pdf

Name	Phone	Client types
Northwest Behavioral	360-392-2838	Individuals, couples, families
Bayside Therapy Associates	360-734-7310	Individuals (children, adolescents, adults) families, couples
King Health Associates	360-329-2055	Individuals (children 5+, adolescents, adults), families, couples
Accent Counseling	360-922-6977	Individuals (adults, children), families, couples
Compass Health	425-349-8200	Children, families, and adults
Unity Care Northwest	360-676-6177	Children and Adults for Counseling, Adults for Psychiatry services
<u>Sea-Mar Community Health</u> (Behavioral Health Clinic)	360-734-5458	Children and adults
Catholic Community Services	360-676-2164	Children and adolescents (under 21)

*If client has state insurance, they can call the "ACCESS line" to schedule appointments at Compass Health, UnityCare or Sea-Mar.VOA ACCESS Line: 1-888-693-7200**Crisis Line: 1-800-584-3578**

Crisis Text Line: Text HOME to 741741 Suicide Prevention Lifeline: 1-800-273-8255

List provided by WWU Department of Psychology Counseling Training Clinic, (360)-650-3184. Revised May 2023