

## LOCAL COUNSELORS & AGENCIES (Bellingham/Whatcom County)

The top part of this list includes counselors who have given their permission to refer clients to them, and some of these may be able to provide services for a reduced fee or on a sliding scale basis. (Some counselors may not be able to take new clients at this time; some take insurance and some have sliding scales – please inquire with counselors for further details) The bottom part of the list includes local agencies/clinics.

Name	Phone	Client types
<a href="#">Ann Barry, MA, LMFTA</a>	206-355-2753	Individuals, couples & families
<a href="#">Chanel Brown, MA, LMHCA</a>	253-478-2485	Individuals (18+): anxiety, grief, loss, depression, life transitions
<a href="#">Merry Capozzolo, MS, LMHCA</a>	360-300-2123	Individuals, families, couples, children, and adults: attachment, grief, and trauma resolution
<a href="#">Kat David, MS, LMHC</a>	360-230-8064	Individuals (18+): anxiety, depression, trauma, coping skills
Lisa Harmon, LMHC	360-820-9469	Individuals, couples, postpartum/perinatal, trauma
<a href="#">Laurel Holmes, MA, LMHC</a>	360-920-0009	Couples, individuals, children (13+): EMDR, anxiety, depression, grief, transition, relationships
<a href="#">Amy Klions, MS, LMHCA</a>	360-389-3487	Individuals, adolescents, children (10+)
<a href="#">Claire Mannino, MS, LMHC</a>	360-224-5334	Individuals, young adults, adolescents; LGBTQ+
<a href="#">Margaret Manning-Shull, MS, LMHC</a>	360-920-2053	Individuals, couples, children 12 and under
<a href="#">Brian McClincey, MA, LMHC</a>	360-255-8260	Individuals, couples, families, children 6+
<a href="#">Elizabeth Snyder, MS, LMHC</a>	360-734-5552	Young adults and adolescents
<a href="#">Johanna Stulting, MS, LMHC</a>	360-436-6284	Individuals (adults 18+)
<a href="#">Martha Aguilar, LMFT</a>	360-200-8788	Latine/x Centered therapy with social justice/liberation focus
<a href="#">Page Roth, MS, LMHC</a>	360-363-0701	Individuals, couples, sexual violence/trauma, identity development
<a href="#">Valerie Castillo, MS, LMHCA</a>	425-228-5336	Adolescents, Young Adults, Adults, Couples (virtual appt only)
<a href="#">Hannah Thomas, LMHCA</a>	360-488-0010	Individuals (18+): anxiety, trauma (childhood and recent), life transitions, LGBTQ+ +support
<a href="#">Bonnie Johnson, LMHC</a>	360-303-3223	Individuals (18+); Online Sessions Only

## [Whatcom Mental Health - Newsletter \(PDF\)](http://www.whatcommentalhealth.org/WhatcomMentalHealth-Newsletter-Current.pdf)

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Name	Phone	Client types
<a href="#">Northwest Behavioral</a>	360-392-2838	Individuals, couples, families
<a href="#">Bayside Therapy Associates</a>	360-734-7310	Individuals (children, adolescents, adults) families, couples
<a href="#">King Health Associates</a>	360-329-2055	Individuals (children 5+, adolescents, adults), families, couples
<a href="#">Accent Counseling</a>	360-922-6977	Individuals (adults, children), families, couples
<a href="#">Compass Health</a>	425-349-8200	Children, families, and adults
<a href="#">Unity Care Northwest</a>	360-676-6177	Children and Adults for Counseling, Adults for Psychiatry services

[Sea-Mar Community Health  
\(Behavioral Health Clinic\)](#)

360-734-5458

Children and adults

[Catholic Community Services](#)

360-676-2164

Children and adolescents (under 21)

\*If client has state insurance, they can call the "ACCESS line" to schedule appointments at Compass Health, UnityCare or Sea-Mar. VOA ACCESS Line: 1-888-693-7200 **Crisis Line: 1-800-584-3578**

**Crisis Text Line: Text HOME to 741741**

**Suicide Prevention Lifeline: 1-800-273-8255**

List provided by WWU Department of Psychology Counseling Training Clinic, (360)-650-3184.  
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