PHYSICAL EDUCATION & HEALTH P-12
Checklist for Success

FRESHMAN YEAR

☐ Work on completing GURs, including BIOL 101 and ENG 101.

☐ Brainstorm opportunities to gain experience working with youth in public secondary schools.

TIP: Try volunteering during after school programs, leading summer youth programs, or participating in WWU’s Compass 2 Campus program!

SOPHOMORE YEAR

☐ Declare a pre-major in PEH P-12.

☐ Finish up all remaining GURs.

☐ Complete HLED 151 (fall), 152 (winter), and 150 (spring).

☐ Take one or more of the following courses once all GURs have been completed:
  - HLED 345
  - HLED 350
  - KIN 308
  - BIOL 348

☐ Fulfill the Basic Skills Requirement for Woodring College of Education by:
  - Holding ACT/SAT scores in Reading, Writing, & Math OR
  - Taking the WEST-B Exam

JUNIOR YEAR

☐ Apply to Woodring’s Secondary Education program by September 1st.

☐ Enroll in and complete PE 340 fall quarter.

☐ If you haven’t already done so, enroll in and complete KIN 308 and BIOL 348 fall quarter.

☐ Apply for the PEH P-12 program by the second Friday of fall quarter.

☐ Progress through PEH P-12 course sequence.

SENIOR YEAR

☐ Continue progressing through the PEH P-12 course sequence.

☐ Apply for 14-week student teaching internship by February 15th.

☐ Take and pass the Washington State Content Test (WEST-E) before beginning the student teaching internship.

☐ Complete the Teacher Performance Assessment (edTPA) during the student teaching internship.

"EFFECTIVE TEACHERS, COMPASSIONATE PEOPLE"
Learn more at chss.wwu.edu/hhd/physical-education-p-12