Gritworks Athletics is the premier sports performance training facility in Bellingham, WA. We offer an innovative approach to athlete training – building on a solid athletic foundation while staying focused on each athlete's individual goals. We are known for helping athletes of all sports maximize their full athletic potential in sport and life.

We are looking for a certified performance/personal trainer with the desire and passion in working to increase Gritworks reach within our community and who understands the importance of a functional, strength and conditioning training approach. There is long term growth potential for a trainer who is consistent, reliable and versatile.

**Preferred Education & Certification:**
- Minimum of two years of coaching experience or completion of Gritworks Performance Internship
- BA/BS Kinesiology or Sports Science or related degree
- Currently hold industry certification, preferably NSCA-CSCS, NASM or ACSM or in pursuit of these certifications.

**Primary Duties & Responsibilities**
- Create programming for and safely conduct personal training, and semi-private classes
- Marketing and community outreach
- Manage classes as well as training staff to lead group S&C workouts
- Instructing, motivating, and assisting athletes in a safe, legal, moral, ethical manner to achieve their goals.
- Conducting on-site assessments of athletes’ utilizing Gritworks comprehensive assessment and evaluation protocols.
- Updating training plans and/or re-evaluating athletes as needed to ensure optimal outcomes.
- Maintaining constant communication with athletes to ensure goals are being met.
- Presenting Gritworks methodology to schools in the community
- Reporting various metrics to operations, such as attendance, engagement, outreach efforts, and activity level.
- Participating in program planning and development, as well as design and/or carry out related research.
- Leading and/or participating in staff education covering all aspects of Gritworks methodology.

**Qualifications/Experience for Success:**
- Minimum of two years of coaching experience or completion of Gritworks Performance Internship
- Excellent presentation skills in both small and large group settings
- Strong customer service skills where servicing the “athlete” is top priority
- Energy and passion for helping student-athletes achieve their personal goals
- Must be able to work independently with little daily supervision
- Excellent communication skills, both verbal and written
- Experience teaching semi-private/small group classes with emphasis on helping improve technique and ability
- Excellent computer skills including Microsoft Office or related products
- Perform all aspects of position held in a professional manner.
• Follow established policies and procedures of the company.
• Maintain professional credentials as required including attending necessary continuing education courses

**Physical Requirements**
• Candidates applying for this position should be able to lift up to 50 pounds unassisted repeatedly throughout the workday.
• The physical requirements of this job require frequent walking around and demonstrating and assisting with exercise movements; bending, stretching, lifting, pushing, pulling and squatting are movements performed daily.

**Availability Requirements:**
• Must be available to work Monday – Friday, with potential Saturday training sessions.
• Must be flexible and available for athletes who may want a session as early as 6 am to as late as 8:30 pm.
• Must include availability and schedule in submitted cover letter.
• FULL TIME

**Benefits Include:**
• Competitive pay
• Paid Vacation
• Continuing Education
• Work clothing to be provided
• Amazing facility to workout in
• An amazing, growing town with a passion for athletics

Please Include Resume and Cover letter and send it to steve@gritworksathletics.com