MS in Kinesiology, Sport and Exercise Psychology (Thesis Option) Catalog Year: 2019-2020

Program Requirements (46-49 credits)

❑ Basic Requirements: (13-16 credits)
  KIN 506 - Research Design in Human Movement and Performance Credits: 4
  KIN 520 - Readings in Human Movement and Performance Credits: 3
  KIN 690 - Thesis Credits: 1-9

❑ Required Courses: (22 credits)
  KIN 541 - Foundations and Ethics of Sport Psychology Credits: 4
  KIN 551 - Applied Sport and Exercise Psychology Credits: 4
  KIN 552 - Sport and Exercise Psychology Practicum Credits: 1-3
    (6 credits of KIN 552 required toward degree)
  KIN 555 - Professional Ethics in Sport and Exercise Psychology Credits: 4
  PSY 564 - Individual Counseling Techniques Credits: 4-5 (4 credit version required)

❑ Electives: 11 credits (at least 1 course required from psychology)
  KIN 421 - Psychology of Exercise Credits: 3
  KIN 502 - Research Topics in Human Movement and Performance Credits: 1-5
  KIN 507 - Motor Control Credits: 3
  KIN 513 - Exercise Prescription and Programming Credits: 4
  KIN 514 - Applied Nutrition and Physical Activity Credits: 3
  KIN 540 - Applied Exercise Physiology Credits: 4
  KIN 543 - Biomechanical Analysis of Human Movement Credits: 4
  KIN 544 - Biomechanics of the Musculoskeletal System Credits: 4
  PSY 502 - Adult Psychopathology Credits: 5
  PSY 503 - Cognition Credits: 5
  PSY 504 - Lifespan Psychological Development Credits: 5
  PSY 505 - Social Psychology Credits: 5
  PSY 512 - Correlation Methods and Data Analysis Credits: 5

Note: additional 400 level courses selected under departmental advisement (maximum 10 credits) can be used to satisfy the elective credit requirement.

Program Update Notification:
In the fall of 2019, we submitted a proposal to add PSY 532: Cross Cultural Counseling (4 credits) as an elective option for students in the MS in Sport and Exercise Psychology program. We are awaiting approval of this proposal. If/when the proposal is approved, students entering the program can select PSY 532 as an elective.