

I just wanted to take a moment to introduce our company to you and your Kinesiology students. We have three studios in the Seattle area.

1 on 1 Fitness specializes in 1 on 1 personal training in private suites. Each program is designed specifically for the client based on the client's goals, medical history, movement history and schedule. Our website is www.1on1fitnesswa.com

I'm reaching out because I am looking to upgrade personal training as a true career pathway. Our trainers are paid well, have benefits that include health insurance, paid sick and vacation leave and after 1 year a matching 401K. We've employed other Western Washington University graduates.

Presently I work closely with Bastyr University and Northwest University, providing paid internships for their students and we have hired many of the interns who have worked with us. I am reaching out to see if we could provide the same opportunities for your students, either with **employment after they graduate or with paid internship opportunities.**

Thank you for taking the time to read through. I look forward to possibly meeting and discussing opportunities to assist you in growing your program and the depth of knowledge of your students.

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Steve Dempsey, MS ACSM Certified Exercise Physiologist

Managing Director

1 on 1 Fitness

Kirkland, Mercer Island & Madison Park

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