



WWU Department of Psychology Annual Newsletter

2023



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REFLECTIONS FROM OUR CHAIR

I hope you are healthy and doing well. With classes fully back in person this year, Western's campus is busy and full of energy. The university reported that the incoming class is the largest in Western's history. It definitely feels like it - the signs (and sounds) of growth are all around us. As I write this, I am listening to the sounds of construction from the future home of the Departments of Computer Science and Engineering (Kaisar Borsari Hall), being built next door to Psychology's current location in the Academic Instruction Center. While that construction should wrap up by the end of the year, we are also anticipating the construction of a new student services building between Academic West and the Student Recreation Center in the coming years. If it has been a while since you have been on campus, things might look somewhat different when you return.

The department had another productive year of research. Last year, the department faculty produced 47 journal articles (with 65 student co-authors), and 39 presentations at professional conferences (with 101 student co-authors). Our undergraduate and graduate students also presented 49 posters and gave 8 research talks at PsychFest, our annual celebration of student research. It is always exciting to see students make the shift from learners to producers of psychological science. Presenting their work at regional, national, and international conferences is a big part of that change. It gives students an important chance to see themselves as experts and to see firsthand how their research is valued by the scientific community. Thanks so much to those of you who have supported our students' ability to have these experiences. Because of your generous gifts we have been able to continue to increase the financial support we give students who are travelling to attend and present at professional conferences. Attending conferences makes an enormous impact on student's educational and career trajectories, and I am very grateful for your help in removing financial obstacles to these experiences.

This year we bid farewell to several esteemed colleagues. Dr. Jeff King retired at the end of last year. Dr. King previously served as the director for the Center for Cross Cultural Research and taught classes in culture, healing, and mental health treatment across the undergraduate psychology and graduate counseling programs. Dr. Mike Mana also retired last year. Dr. Mana taught in the BNS program and gave many high school students their first taste of what it would be like to study neuroscience at Western through his yearly offering at College Quest. Dr. Jeffery Carroll relocated from Western to the University of Washington, where he is now a research faculty member in the Department of Neurology. This will allow him to focus full-time on his research on Huntington's Disease. Finally, our incredible Faculty Support Coordinator, Marisa Fernandez, stepped down to focus on completing her final year in the Clinical Mental Health Counseling program.

With departures come new arrivals. This year, we welcomed two new faculty members. Dr. Angela Bell is joining us as an Assistant Professor. She is a social psychologist whose research explores how social and cognitive biases impact intergroup relations and members of stigmatized groups. Most recently, she has been examining how people's beliefs about themselves and others inform their perceptions of and reactions to racism. Dr. Villicana is joining us as an Associate Professor from Western's own Fairhaven College. He is a social psychologist who studies how social identities such as race, gender, sexual orientation (and their intersections) influence our thoughts, behaviors, and interpersonal interactions. Additionally, Erika Lutz has taken over as Faculty Support Coordinator. Erika graduated from our Experimental Psychology M.S. program, where she studied the roles of empathic concern and emotion regulation in the relation between awe and pro-sociality.

There are other changes on the horizon. The department is currently searching for three tenure-track faculty positions: two in behavioral neuroscience and one in counseling. We are also in the process of selecting a new department chair. While I have been honored to serve as chair for the past six years, I am very much looking forward to returning to the more student-focused faculty roles of teaching and research. The new chair will begin at the end of this academic year, and I am certain the department will be in excellent hands.

If you would like to attend PsychFest this year, it will be held on Friday, June 7th. It is a great day to reconnect with faculty and see the fantastic work our students have been doing. If you would like to stay up to date, please follow us at @WWUPsychology on Instagram. Thank you for your continued involvement in the Western community, and your continued interest in the Department of Psychology.

Warmly,



Jim Graham
Professor and Chair, Department of Psychology

DEPARTMENT NEWS

WELCOME DR. ADRIAN VILICANA

Assistant Professor of Psychology

Dr. Adrian J. Villicana (or Dr. V) joined the Department of Psychology at Western Washington University in Fall 2023. He completed his Ph.D. in social psychology, along with a graduate minor in quantitative psychology, at the University of Kansas. At Kansas, he also served as a graduate fellow and data and assessment specialist, for the Center for Teaching Excellence for three years. Dr. V considers

himself an identity researcher where he investigates how our social identities (like race, gender, sexual orientation) influence our thoughts, behaviors, and interpersonal interactions. Moreover, a critical aspect of his approach is to consider intersections of identities. He applies the latter perspective to his work to contribute to the dismantling of the androcentric, ethnocentric, and heterocentric knowledge that is primarily represented in the psychological literature. He is currently setting up his lab, Identity and Social Issues Research Collective (ISIRC; pronounced *eye - serk*) in case any students are interested! Dr. V currently teaches Stereotyping, Prejudice, and Discrimination; Experimental Research and Statistics; and Social Psychology.



WELCOME DR. ANGELA BELL

Assistant Professor of Psychology

Dr. Bell joined the Department of Psychology at Western Washington University in Fall 2023. She earned her Ph.D. in psychology (social-personality track with an emphasis in quantitative methods) at Oklahoma State University, B.A. in psychology from Cal State Northridge (CSUN), and A.A. in liberal arts from American River College in Sacramento, CA (her hometown). Dr. Bell primarily studies social and cognitive biases that influence intergroup relations and members of stigmatized groups. She's interested in answering questions such as, (1) Why

do people fail to recognize their own racism but seem capable of identifying racism in others? (2) Which social and cognitive factors influence attributions and judgments of prejudice? (3) How do stereotypes and stigma shape one's health and well-being? Currently, her research lab primarily investigates how people make judgments about themselves and others. Specifically, she examines how social comparison biases (e.g., the better-than-average effect) and the self-enhancement motive (i.e., the need to view oneself positively) might inform people's racism denials, one's ability to detect and reduce prejudice in oneself, and support for anti-racist actions. Dr. Bell is most excited to work with WWU students and is accepting applications to join her lab.



GIVE DAY UPDATES

For Give Day 2023, the Psychology Department placed in the TOP 2 for the number of donors within CHSS! Our goal this year was to increase the number of donations of any amount, and we had set 25 as the goal. Thanks to you and the friends of Psychology, we had 46 donations! With matched funds, resulting in over \$19k in donations. Thank you!

We are grateful to everyone who participated in the matching opportunities for Psychology, and to Foundry10, as well as anonymous donors for setting up matching opportunities to the Merle Prim Scholarship for Diversity and Inclusion, and the student research, conference, and travel funds.

To see inspirational statements from students and funding opportunities, visit our Give Day page: <https://wwugiveday.wwu.edu/giving-day/61075/department/61102>

Thank you to all donors for supporting our learning community and for making a difference in the lives of our students.

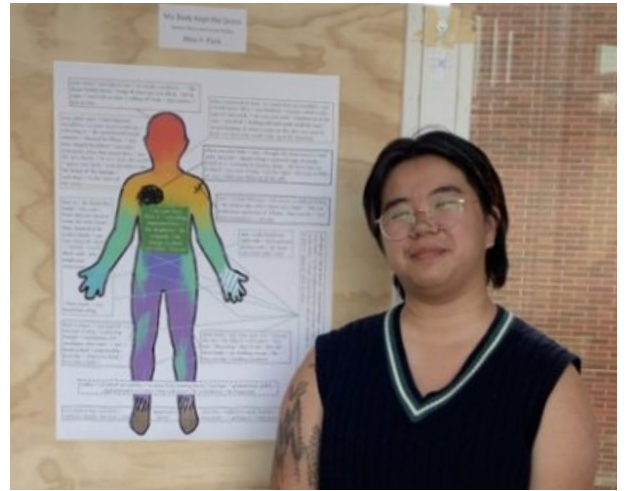
UPDATE FROM THE CENTER FOR CROSS-CULTURAL RESEARCH (CCCR)

The Center for Cross-Cultural Research (CCCR) was established within the Department of Psychology more than 50 years ago with a commitment to advancing cultural research in psychology. Today, the CCCR is a community of learning and practice that includes more than 80 students, faculty, and staff across 11 departments. Members of the CCCR are committed to professional growth and meet bi-weekly to learn from each other, collaborate on projects, and advance cultural research in equitable ways. Throughout the year, the CCCR sponsors student and faculty/staff research on cultural topics and provides scholarships for students engaging in cultural research activities. The CCCR is committed to increasing access for students interested in joining cultural research teams and advancing their careers.

The CCCR will host three speakers from outside WWU this year. Each speaker will visit campus to share their innovative cultural research. Speakers will teach a cultural methods workshop for CCCR members and give a public talk open to the community. See upcoming events in the back for CCCR Speaker Visits dates!

EVENT HIGHLIGHTS

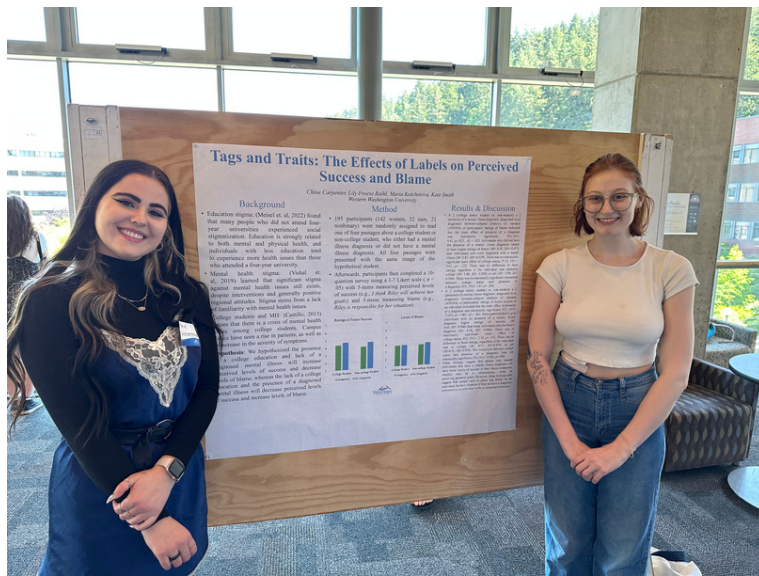
The Psychology Department's **first annual Art Exhibition** on May 25th was a huge success! Students showcased their remarkable talents across a range of medium including painting, drawing, pottery, cartoon, crochet, spoken word, and music. The artwork lined the 4th floor skybridge and attracted students throughout the day who were fascinated by the talent on display. Kale Lantz DJ'd the afternoon reception and filled the space with original music. Although many of the art pieces returned with their creators at the end of the exhibition, you can still check out Abby Peterson's crocheted fMRI brains on permanent display in the Psychology Department office!



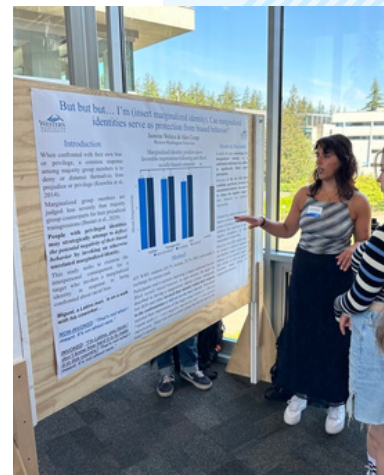
Clockwise from top left: Eli Synder stands beside their crochet brain; Alex Park stands in front of their performed spoken word poem; Abby Peterson stands next to a series of crochet fMRI images; Anya Davis' neuro-themed take on Michelangelo's Creation of Adam; Alaura Rice stands beside several of her drawings and sculpture.

PSYCHFEST 2023

PsychFest is our annual celebration of student research. On the last day of classes this past June, over 230 student authors presented 50 posters and 8 talks over the course of the day. Our keynote speaker was an alumna, Dr. Maddy Jalbert (BNS, 2016). Dr. Jalbert, who is currently a postdoctoral scholar at the Informational School at the University of Washington, delivered a very timely talk titled “Exploring why we fall for misinformation and what we can do about it”.



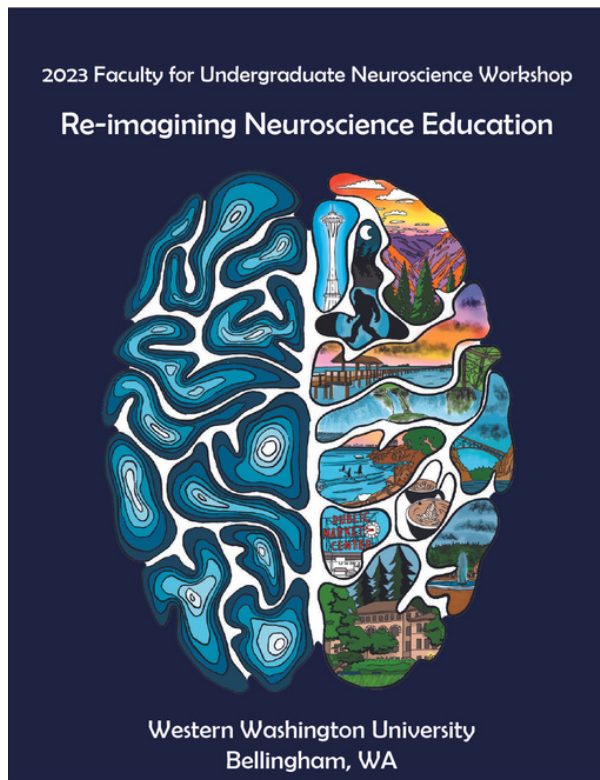
Left: Chloe Carpenter and Maria Kotchetova present their poster; Top right: Taylor McGillis presents her thesis work during the oral presentation session; Bottom right: Jasmine Welaye presents her poster.



PsychFest 2024 will be held on June 2, 2024 in Academic West and you are welcome to attend. This year's keynote speaker will be Dr. Kiley Hamlin, developmental psychologist from the University of British Columbia who studies morality in pre-verbal children. Dr. Hamlin's talk is titled “The infantile origins of human morality: Studies in preverbal infants and toddlers”. It will also be broadcast via zoom, and there will be a reception following the address for presenters and alumni. Look for details in your email.

WWU HOSTS FUN SUMMER WORKSHOP

The BNS Program and WWU hosted the 3-day Faculty for Undergraduate Neuroscience (FUN) Workshop in July this past summer. Nearly 100 neuroscience educators from across the country traveled to WWU to attend the workshop, titled “Re-imagining Neuroscience Education”. Participants engaged in teaching demonstrations, hands-on workshops, symposia, poster sessions, and professional development activities centered around the theme of inclusive excellence in neuroscience education and mentorship. The workshop was highlighted by two keynote speakers: Dr. Joyce Balls-Berry (Washington University) spoke on navigating the hidden curriculum in education, and Dr. Oliver Rollins (University of Washington) spoke on anti-racist neuroscience education as a foundation for social justice. BNS student helpers ensured that the conference ran smoothly while attending talks, participating in activities, and engaging with the attendees. It was a terrific week to showcase the BNS Program, WWU’s beautiful campus, and Bellingham, prompting one attendee to ask, “Can you tell me what’s it’s like here in February?”



Left: FUN Program art designed by Alaura Rice (BNS Major, '23); Right: Conference attendees enjoying lunch on a beautiful Bellingham afternoon.

NEURO ON TAP EXPANDS TO THE COMMUNITY

The BNS Program sponsored 3 off-campus Neuro on Tap events during the academic year. The fall event was held at Twin Sisters Brewery and featured a neuroscience-themed pub quiz and a presentation by Experimental Psychology masters student, Molly Mouchawar, on sleep and the circadian rhythm. The winter event was held at The Blue Room and was highlighted by a lecture from BNS alum, Sarah Paschall who discussed their research using microdose.me to investigate the effects of microdosing psychedelics. The spring event was held at K2 Brewery and featured data blitz talks from graduate students, Taylor McGillis and Jessi Gauvin as well as a pub quiz MC'd by McNeal Jantzen. The great mix of current students and alumni served as an opportunity to celebrate ongoing research in the BNS Program along with the career growth among our graduates.



Left: Dr. Jeff Grimm discusses upcoming speakers at the fall Neuro on Tap; Right: BNS alum, Sarah Paschall, concludes her talk on research into microdosing psychedelics; Below: a sticky note neuron across the 5th floor wall.

BNS SENIOR PRANK

Faculty arrived one morning to a decorated hallway and an impressive sticky note neuron stretched across the wall. Memes covered office doors with many kidding on the square.



HEAR FROM OUR OUTSTANDING GRADUATES

Behavioral Neuroscience



"My name is **Caitlin Bannister** and I decided to return to university after almost ten years working in the field of caregiving. After watching so many people suffer from conditions that weren't treatable, I started to feel like I wasn't doing enough to help people. I decided to major in behavioral neuroscience because I wanted to research the diseases I had worked with and hopefully contribute something towards therapeutic development. Shortly after I graduate with my B.S. in Behavioral Neuroscience, I'll be moving to Rhode Island to pursue a Ph.D. in neuroscience with the NIH Graduate Partnership Program at Brown University where I will have the opportunity to continue working towards this goal. I'm so grateful for my time at Western and so excited for the next leg of this journey!"

Clinical Mental Health Counseling



My name is **Christina Choi-Pearce** and as a Korean American woman and as someone who didn't see themselves represented in the world of Clinical Mental Health Counseling, I wanted to be part of adding to the representation and continuously helping to break down the stigma that surrounds mental health. I am hopeful to join community mental health agencies that serve diverse communities here in Bellingham and continue to deepen my education as a therapist that started here at Western.

Psychology



Hello, my name is **Clemente Armendáriz**. I'm a proud US Navy Veteran, a First-Generation Mexican-American college student, and a father of two amazing boys. Pursuing my BS in Psychology at Western University has been an incredible honor. Collaborating with exceptional peers and faculty members has made my academic journey even more fulfilling. I particularly enjoyed taking classes with Dr. Czopp, an outstanding professor and mentor who has guided me throughout my academic career. Participating in international climate change research with Dr. Sattler has been a fantastic experience I never thought possible as an

undergraduate. Meeting Dr. Warren, a fellow Veteran, has been another highlight of my time at Western. His achievements and insights have given me valuable perspective as a Veteran pursuing higher education and navigating this way of life. Lastly, working as a research assistant with Dr. Juarez from the Department of Political Science was an incredible opportunity. We researched popular education to create programs for first-gen Latinx college students and find different interventions to help prevent youth gang involvement in Skagit County.

I am currently working with middle school students at the Boys and Girls Club of Skagit. My academic interests have led me to pursue a master's degree in school counseling, which will help me better nurture my passion for working with youth. This motivation drives me to continue down this career path.



A selection of students receiving awards at PsychFest. Left: Marisa Fernandez; Center-left: Alyssa Martini; Center-right: Alex Park; Right: Aicha Tokar Falatah

SCHOLARSHIP SPOTLIGHT

Center for Cross-Cultural Research Scholarship

Kiran Dogra
Piper Elwood
Alyssa Martini
Lydia Henderson
Alex Park

Mees Memorial Scholarship

Taylor McGillis

Annabelle L. King Graduate Fellow in School Counseling

Dona Mahmoudian

Dave Nelson Memorial Scholarship for Mental Health Counseling

Sierra Thompkins

Frank and Ann Nugent Mental Health Counseling Graduate Scholarship

María Fernandez

Tuition Waiver Scholarship

Six Graham

Merle Prim Scholarship for Diversity and Inclusion

Holly Morales
Lily Ngo

Ethan Rimmel Memorial Scholarship

Alyssa Martini
Erika Groshell

Adams Woodring Scholarship

Anna Lynch
Emma Little
Lydia Henderson



Magic

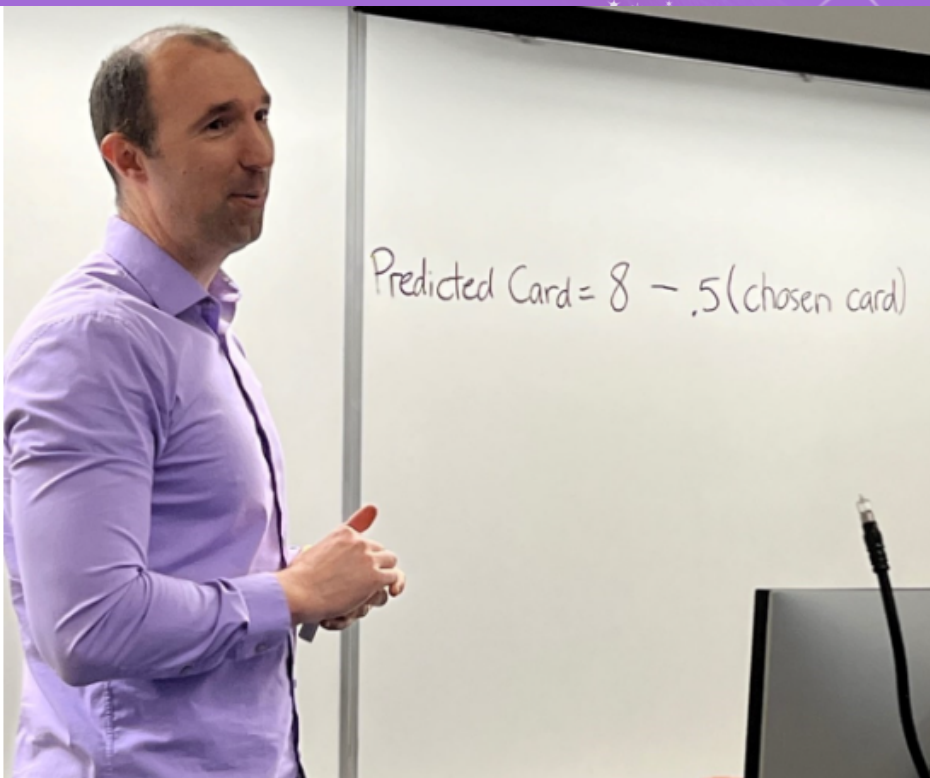
with Dr. Michael Warren



A student stands in the front of the class holding an envelope with the word, “Prediction” written in big black letters for all to see. Inside, we’re told, is a card that will be the outcome of a regression equation that we arrive at through seemingly random events. Dr. Michael Warren pulls out a fresh deck of cards and begins to flip through them until a student in the middle of the classroom tells him to stop.



The student takes the card from the middle of the deck and flashes a 9 of Spades for us to see. Dr. Warren instructs us to use the card in a regression equation written on the board. This regression equation has given Dr. Warren the power to see the future; the outcome of the regression equation represented by a playing card residing in the Prediction envelope. The class calculates and agrees that the outcome is 3.5. The 3.5 of Spades? Dr. Warren is devastated. The regression must have failed because there's no 3.5 of Spades in a deck of cards.



He instructs the student to open the envelope anyway and reveals...
the 3.5 of Spades!

INTERVIEW WITH DR. WARREN

Can you describe your history with magic?

I started my magic hobby when I was 8 years old when my best friend and I went to a magic store near Los Angeles to buy some practical joke gags. The magician behind the counter showed us several magic tricks and we were mesmerized! We each left the store with a magic trick (and no gags). We were hooked: Over the next 6 years, we visited the magic store at least once a month (most visits lasted several hours) and built our repertoire of tricks. When I was 14, I was offered a job as a magician at that magic store, where I worked throughout high school. A couple years later, my best friend got a job there, too. When we were 17, we auditioned for and became junior members of the prestigious Magic Castle in Hollywood, where we had access to some of the greatest magicians of that era.

What's the benefit of bringing magic into the classroom?

Actually, the main benefit doesn't have anything to do with the classroom per se. Rather, I use magic to encourage students to come to my office hours to ask me questions about course material. I teach a lot of statistics courses, so on Day 1 I share that I'm an amateur magician and if they come to my office hours to talk to me about statistics, I will show them a magic trick before they leave. It can be pretty intimidating for many students to visit a professor's office, especially if it's to seek help on stats, and magic helps me break the ice so I'm (hopefully) more approachable. Occasionally, I use magic during class time, whether it's to illustrate a key concept we're learning about, to give the class a jolt of positive emotion that putatively helps students recover from cognitive fatigue, or to share part of my non-academic side with my students.

What's your favorite magic trick to perform?

My favorite trick is a ring-and-shoelace routine I learned from a world-champion magician, Johnny Ace Palmer, when I was a teenager. I use my wedding ring and a shoelace in what seems like real magic, with the ring inexplicably escaping from and jumping back onto the shoelace in visually-stunning ways.

I suppose it's my favorite trick because I'm transported back to when I first saw Johnny perform it. Even though I'm the magician now, I can still feel the astonishment I experienced as a spectator long ago. And when my audience and I experience astonishment together, it's a special moment indeed.

Who's your favorite magician?

That's an easy question. David Stryker is my favorite magician! He's the best friend I've been talking about all this time. He's been practicing magic for nearly 35 years, and he's a superb mentalist and sleight-of-hand specialist. I've had the unique privilege of watching him grow into the professional he is today, and I'm so proud of him. He performs in the Hollywood area and travels throughout the country, sharing his passion and creating wonder in his audiences.

What can magic teach us about human psychology?

That's a great question, and a burgeoning field of research is starting to provide answers to this very question. I think the most direct answer is that magic tricks offer tools for studying cognitive and perceptual processes. For example, magicians have clever trade secrets for implanting false memories, they manipulate "deficiencies" in our visual system, and they use misdirection to capitalize on people's limited attentional resources to allow them to secretly pull off key maneuvers. These techniques could help shed light on the mechanisms of cognitive processes.

As a positive psychologist, I'm more interested in the roles magic can play in motivation, emotion, and human connection. For example, there's research showing that a magic workshop was an effective wellbeing intervention for first-year college students adapting to university life. I'd love to test my hypothesis about using magic tricks to prime positive emotions and restore attentional resources when students are fatigued during class.

This summer, my best friend (the same one who visited the magic store with me when we were 8) gave me Alice Pailhès and Gustav Kuhn's new book, "The Psychology of Magic: From Lab to Stage." I haven't read it yet but check back with me later and I might have a much more complete answer to your question!

Do you have any other examples of how you've used magic in the classroom?

I have one trick that makes use of a regression equation to predict a card that a student/spectator has freely chosen. This trick reinforces several key ideas of regression (e.g., intercept, slope) in a memorable and enjoyable way. It's a total hit, and I use it every quarter I teach that [PSY 306] statistics class.

Sometimes course material can be quite challenging and mentally draining for students. If I notice a sense of overwhelm on students' faces, that's my cue to take a step back and lighten the mood in the room, sometimes with a magic trick. If I don't have a trick prepared in advance, I'll borrow an object (e.g., pen, coin, rubber band) from a student and do some impromptu sleight-of-hand. It can be especially powerful to use objects that come from the students, inducing a sense of awe and excitement that the magic happened with a familiar object they use every day. Based on research on the "undoing effect of positive emotions", I would hypothesize that using magic as a positive emotion induction during class may decrease physiological markers of students' stress and help restore cognitive resources for new learning. Of course, I also need to be careful that the magic doesn't create interference with subsequent learning!

At the end of my first year at Western, I shared with a former student that I hadn't been doing as much magic during class because I didn't want to rely on hokey gimmicks to engage students' attention. The student was saddened by this news. I'd shared quite a few tricks with her class earlier that year, and from her perspective it was an integral part of who I am as an educator. Whereas she felt a sense of connection with other professors through the stories they told about their lives, or through their clever jokes and comedic timing, she suggested that my magic tricks afford students a way to relate to me on a more human, non-academic level. That feedback was very valuable to me, and these days I more freely lean into my magic as a way of connecting with students.

ALUMNI SPOTLIGHTS

JOHN HARKNESS

John Harkness, Ph.D. is the founder and CEO of Rewire AI (<https://rewire.ai>), a Portland-based startup that provides integrated artificial intelligence for biomedical image analysis. He got his start in neuroscience at WWU (class of 2009), where he worked in the lab of Dr. Jeff Grimm and studied neural and behavioral factors associated with incubation of craving for sugar and cocaine. During that time, John had the opportunity to present multiple posters at conferences such as the Society for Neuroscience. Dr. Grimm's mentorship led to John publishing a first author manuscript, which described his Western Foundation-funded work on transfer of conditioned taste aversion in rats. Outside of the lab, John was a founder and president of the NeRDS club and helped build the club's outreach mission and journal club. In particular, he was focused on the design and sale of the club's branded (and edgy) leisure wear line.



After leaving WWU, John earned his doctorate in Behavioral Neuroscience from Oregon Health & Science University in 2015 (same class as WWU's Dr. Josh Kaplan). There, he worked with Dr. Tamara Phillips to investigate a mutation in the TAAR1 gene, which they linked to differences in methamphetamine preference and aversion in selectively bred meth high/low drinking mice. After receiving his doctorate, John took a position as a postdoctoral fellow in the lab of Dr. Barb Sorg at Washington State University Vancouver and investigated the role of perineuronal nets in cocaine seeking in rats.

During his time at WSU, John began developing an image analysis program called PIPSQUEAK for automated cell detection and quantification in multiplexed confocal images. After publishing the software, WSU's commercialization funding support made it possible to continue developing this technology through John's spin-out company, Rewire Neuroscience (now Rewire AI). In 2019, he was awarded a Phase I R43 SBIR grant from NIH NIGMS and later received matching grants from the State of Oregon, an additional Phase I, a Phase II grant from NIGMS, and raised a pre-seed round from investors including Elevate Capital and Angel Oregon Tech. Now, Rewire AI offers an AI-as-a-Service platform to enhance cell and biomarker detection in partnering lab and diagnostic devices. Rewire has grown to a team of 10 employees, secured partnerships with companies such as Eppendorf and Bruker, and its software, Polygon AI, has been used by thousands of users on every continent around the world (except Antarctica, but they'll get there).

JERRY MAY



Jerry R. May, Ph.D. graduated with a B.A. in Psychology from Western Washington University in 1966. He received a Ph.D. in Clinical Psychology from Bowling Green State University and completed his internships at the V.A Medical Center in Palo Alto, California and the University of California - San Francisco Medical Center. Jerry then served as a Clinical Psychologist in the U.S. Navy for three years during the Vietnam War. Following his service, Jerry became a Professor of Psychiatry and Behavioral Sciences and Associate Dean of Admissions and Student Affairs at the University of Nevada in Reno from 1974 to 2005.

Dr. May's teaching, consulting and clinical interests include behavioral medicine, health psychology, psychology of disease and injury, stress and coping, medical education, high level achievement, sport psychology and business management. He was appointed the First Director of Sport Psychology for the US Olympic Committee (1977-1980). He was the team psychologist and member of the Sports Medicine Committee of the US Alpine Ski Team (1979-1992), the US Sailing Team Psychologist (1992-2010; 2013-2016), US Men's World Cup Soccer Team (1996-98). He was a member of the United States Olympic Committee's Sports Medicine Council (1984-

1992). Dr. May was the first-ever designated U.S.O.C. Sports Psychologist to Summer Olympic Games, Barcelona 1992, working with athletes and coaches from several Olympic sports. He has worked with elite and professional athletes and coaches in sports ranging from skiing, sailing, soccer, tennis, football, golf, diving, swimming, biathlon, figure skating, rock climbing and ultra-distance running.

Also, Dr. May has worked with organizations in the fields of accounting, banking, construction, health care, medicine, finance, food, gaming, insurance, information technology, judicial system, law, and retail. He was a member (1991-2005) and chair (1999-2005) of the Board of Trustees of West Hills Hospital, Reno, NV. He was a faculty member of the National Judicial College (1983-2008). He was a member of the Sutter Health Sacramento Sierra Region Board of Directors (2010-2013) and a member of the Financial, Credentials, Policy and Quality Committees, which were responsible for overseeing a several billion dollar annual budget. He also served as the Board of Directors representative on the Medical Executive Committee of the Sutter Health Roseville Medical Center.

Dr. May has over 50 publications in the area of medical education, sport psychology and behavioral aspects of disease. He has appeared on ABC Sports, ABC Good Moring America, Nightline News, The McNeil-Lehr News Hour, CBS Sports, NBC News, BBC News and others. He has been interviewed by many national magazines and newspapers including The Wall Street Journal, New York Times, Time Magazine, U.S. News and World Report, Sports Illustrated, Readers Digest, Psychology Today, Web M.D., Ladies Home Journal, Esquire Magazine, Cosmopolitan, Delta Airlines In-Flight magazine and Conte Nast.

He and his wife Carolyn raised their three children in NorthStar-at-Tahoe, California, and currently resides in Meadow Vista, California.

PUBLICATION SNAPSHOT

Bold indicates WWU student co-author

Turner, K., Lilgendahl, J. L., Syed, M., & McLean, K. C. (2023). Testing Exploratory Narrative Processing as a Mechanism of Change in Identity Status Processes over Four Years in College-Going Emerging Adults. *Developmental Psychology*.

McLean, K. C., Fish, J., Rogers, L. O., & Syed, M. (2023). Integrating Systems of Power and Privilege in the Study of Resilience. *American Psychologist*.

Staben, J., Koch, M., Reid, K., Muckerheide, J., Gilman, L., McGuinness, F., Kiesser, S., Oswald, I.W.H., Koby, K.A., Martin, T.J., & Kaplan, J.S. (2023). Cannabidiol and cannabis-inspired terpene blends have acute prosocial effects in the BTBR mouse model of autism spectrum disorder. *Frontiers in Neuroscience*, 17.

Aychman, M.M., Goldman, D.L., & Kaplan, J.S. (2023). Cannabidiol's neuroprotective properties and potential treatment of traumatic brain injuries, *Frontiers in Neurology*, 14.

FACULTY NEWS



Professor Kate McLean was awarded the **2023 Diener Award in Personality Psychology** from the Society for Personality and Social Psychology (SPSP). This award recognizes Dr. McLean's substantial contribution as a mid-career scholar to the field of personality psychology.

Professor Jackie Rose was elected **president of the Faculty for Undergraduate Neuroscience (FUN)**. FUN is an international organizational that supports undergraduate research and education in neuroscience.



Professor Angela Bell received a second **National Science Foundation (NSF) award** for Flourish: A network for pre-tenure social and personality psychologists of color

MORE FACULTY NEWS

Professor David Sattler received Western's **Paul J. Olscamp Research Award** in recognition of excellence in scholarship. David is especially grateful to superb colleagues and students at Western and institutions around the globe for collaborating on these seminal projects.



Left: UN Climate Change Conference - King and Queen of Tonga, Prime Minister, Speaker of the House, Uili Lousi, and David Sattler; Right: Fiji - David and students at the "My Climate Change Story Master Class."

David Sattler served as a delegate for the Kingdom of Tonga at the United Nations Climate Change Conference. David and colleagues published papers examining climate change response in Mongolia, Tonga, Fiji, and the Philippines, conducted a "My Climate Story Master Class" for youth in Tuvalu, Tonga, and Fiji (funded by the U.S. Department of State), and received a grant from the U.S. Department of State to conduct a media literacy workshop for youth leaders in the Pacific region.

Professor Kristi Lemm received a **Fulbright Scholar award** to teach at the Institute of Psychology at Eötvös Loránd University (ELTE) in Budapest, Hungary from September-December, 2023. Dr. Lemm will focus on teaching critical thinking and communication skills in English to undergraduate and graduate students. She will participate in social psychology lab meetings and department meetings. She will also participate in cultural exchange events through the Fulbright Hungary office.



UPCOMING EVENTS

February 26-27: Center for Cross-Cultural Research Speaker DR. KATRINA BLEDSOE FROM ABT ASSOCIATES

April 13: BNS Spring Alumni Social Event in Seattle

April 25, 4-5 PM: Center for Cross-Cultural Research Speaker DR. E.J.R. DAVID, UNIVERSITY OF ALASKA-ANCHORAGE

April 25: WWU GIVE DAY 2024

May 13-17: SCHOLARS WEEK

June 7: PSYCHFEST 2024 - To celebrate and showcase undergraduate and graduate scholarship of psychology students

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DEPARTMENT OF PSYCHOLOGY



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