

Physical Education & Health P-12, BAE

2022-2023

Admission Requirements

Prerequisites to Admission:

- Declare a pre-major in Physical Education and Health (PEH) P-12 with Jen Leita (typically during sophomore year)
- Enroll in and successfully complete (C or better) PEH 340, KIN 308, and BIO 348 before winter quarter of Year One in the program
- Meet all Woodring College of Education admission requirements (Application deadline is September 1st; see website for details: <https://wce.wvu.edu/sec/secondary-education>)

PEH Application Requirements:

- Submit the PEH P-12 application to Jen Leita by the second Friday of fall quarter
- Sign up for a formal interview with PEH faculty members (completed during PEH 340)

Course Sequence

It is imperative that students take courses in sequence. Not doing so may require students to stay additional quarters.

Pre-Major Status

In addition to PEH 340, KIN 308, and BIOL 348, PEH pre-majors are also eligible to take the following courses before winter quarter of Year One in the PEH program: HLED 150, HLED 151, HLED 152, HLED 345, & HLED 350.

Year One

<u>Fall Quarter</u>	<u>Credits</u>	<u>Winter Quarter</u>	<u>Credits</u>	<u>Spring Quarter</u>	<u>Credits</u>
PEH 340	5	PEH 341	5	PEH 341P	3
KIN 308	3	SEC 303	4	PEH 443P	5
HLED 151	2	SEC 310	4	SEC 411	4
BIOL 348	5	PEH 342	2	HLED 150	2
TOTAL	15	TOTAL	15	TOTAL	14

Year Two

<u>Fall Quarter</u>	<u>Credits</u>	<u>Winter Quarter</u>	<u>Credits</u>	<u>Spring Quarter</u>	<u>Credits</u>
PEH 440	5	PEH 441	5	PEH 444	5
PEH 440P	3	PEH 441P	3	PEH 442P	2
SEC 425	4	HLED 152	2	KIN 416	3
KIN 320	3	HLED 345	4	KIN 422	3
KIN 410	3			HLED 350	3
TOTAL	18	TOTAL	14	TOTAL	16

Year Three

SEC 495 (student teaching; 18 credits) - completed Fall or Winter quarters

Program of Study - 110 Credits

Physical Education Courses

PEH 340	Block I: Elementary Physical Education Methods	(5)
PEH 341	Block II: Elementary Physical Education Methods	(5)
PEH 341P	Elementary Physical Education Practicum	(3)
PEH 440	Block III: Middle School Physical Education Methods	(5)
PEH 440P	Middle School Physical Education Practicum	(3)
PEH 441	Block IV: High School Physical Education Methods	(5)
PEH 441P	High School Health and Physical Education Practicum	(3)
PEH 442P	Practicum in Physical Education	(2)
PEH 443P	Adapted Physical Education Methods and Practicum	(5)
PEH 444	Block V: Secondary Health Methods & Practicum	(5)

Total Credits: 41

Biology/Kinesiology Foundations Courses

BIO 348	Human Anatomy and Physiology	(5)
KIN 308	Human Growth and Motor Development	(3)
KIN 320	Psychology of Sport	(3)
KIN 410	Motor Control and Learning	(3)
KIN 416	Strength and Conditioning Program Design	(3)
KIN 422	Professional Issues in Health and Exercise Settings	(3)

Total Credits: 20

Health Education Courses

HLED 150	Consumer and Environmental Health	(2)
HLED 151	Society and Drugs	(2)
HLED 152	Society and Sex	(2)
HLED 345	Health Promotion/Disease Prevention	(4)
HLED 350	Nutrition (optional)	(3)

Total Credits: 13

Secondary Education Foundations Courses

SEC 303	Teaching Adolescents: Development and Identity	(4)
SEC 310	Education, Culture, Equity	(4)
SEC 411	Philosophical Foundations of Education	(4)
SEC 425	Reading, Writing, & Learning in Secondary Schools	(4)
SEC 495	Internship- Secondary	(18)

Total Credits: 34

Contact Information

General Information & Advising

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