

Michael T. Warren, Ph.D.
Assistant Professor of Psychology
Western Washington University
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Work Experience

2022 – present	Assistant Professor of Psychology Psychology Department	Western Washington University
2019 – 2021	Postdoctoral Research Fellow in Childhood Wellbeing Human Early Learning Partnership Supervisors: Drs. Kimberly A. Schonert-Reichl and Anne Gadermann	University of British Columbia
2018 - 2019	Lecturer Psychology Department	Western Washington University
2018 - 2019	Research Scientist Institute for the Study of Human Flourishing	University of Oklahoma
2017 - 2018	Assistant Professor of Psychology Psychology Department	University of La Verne
2016 - 2017	Postdoctoral Research Fellow Institute for the Study of Human Flourishing Supervisor: Dr. Nancy E. Snow	University of Oklahoma
2012 - 2016	Lecturer Psychology Department	California State University, Fullerton

Education

2016	Ph.D. in Positive Developmental Psychology Chairs: Drs. Laura Wray-Lake and Jeanne Nakamura	Claremont Graduate University
2011	M.A. in Positive Developmental Psychology Chair: Dr. Michael Spezio	Claremont Graduate University
2006	B.A. in Psychology	Chapman University

Research Interests

Mindfulness; Character Strengths Development; Allyship; Adolescence

Peer-Reviewed Articles

Warren, M. T., Wright, J. C., & Snow, N. E. (2022). Against neutrality. Response to Cokelet. *Journal of Moral Education*, 51(1), 111-116.
<https://doi.org/10.1080/03057240.2022.2026091>

Gadermann, A. M., Thomson, K. C., Gill, R., Schonert-Reichl, K. A., Gagné Petteni, M., Guhn, M., **Warren, M. T.**, & Oberle, E. (2022). Early adolescents' experiences during the COVID-19 pandemic and changes in their well-being. *Frontiers in Public Health*, 10, 823303. <https://doi.org/10.3389/fpubh.2022.823303>

Warren, M. T., & Schonert-Reichl, K. A., Gill, R., Gadermann, A. M., & Oberle, E. (2021). Naturalistic development of trait mindfulness: A longitudinal examination of victimization and supportive relationships in early adolescence. *PLoS ONE*, 16(5): e0250960. <https://doi.org/10.1371/journal.pone.0250960>

Warren, M. A., & **Warren, M. T.** (2021). The ETHIC model of virtue-based allyship development: A new approach to equity and inclusion in organizations. *Journal of Business Ethics*. https://lnkd.in/ei_FmzWV

Porter, T., Baldwin, C. R., **Warren, M. T.**, Murray, E. D., Bronk, K. C., Forgeard, M. J. C., Snow, N. E., & Jayawickreme, E. (2021). Clarifying the content of intellectual humility: A systematic review and integrative framework. *Journal of Personality Assessment*. <https://doi.org/10.1080/00223891.2021.1975725>

Warren, M. A., Bordoloi, S. D., & **Warren, M. T.** (2021). Good for the goose and good for the gander: Examining positive psychological benefits of male allyship for men and women. *Psychology of Men and Masculinities*. <https://doi.org/10.31234/osf.io/9y5pk>

This article has received coverage in over 175 news outlets worldwide. [Why women need male allies in the workplace – and why fighting everyday sexism enriches men too \(theconversation.com\)](https://www.theconversation.com/why-women-need-male-allies-in-the-workplace-and-why-fighting-everyday-sexism-enriches-men-too)

This manuscript is featured as an outstanding paper by APA's Division 51.

Lambert, L., Warren, M. A., Schwam, A*., & **Warren, M. T.** (2021). Positive psychology interventions in the United Arab Emirates: Boosting wellbeing - and changing culture? *Current Psychology*. <https://doi.org/10.1007/s12144-021-02080-0>

*denotes Western student author

Warren, M. T., Wray-Lake, L., & Shubert, J. (2020). Developmental changes in mindful awareness during adolescence. *International Journal of Behavioral Development*, 44, 31-40. <https://doi.org/10.1177/0165025419885023>

Wright, J. C., Snow, N. E., & **Warren, M. T.** (2020). Suffering, virtue, and character: Why the science of virtue matters. *Acta Philosophica*, 29, 55-72.
<https://doi.org/10.19272/202000701004>

Snow, N. E., Wright, J. C., & **Warren, M. T.** (2020). Virtue measurement: Theory and applications. *Ethical Theory and Moral Practice*, 23, 277-293.
<https://doi.org/10.1007/s10677-019-10050-6>

- Coffey, J. K., & **Warren, M. T.** (2020). Comparing adolescent positive affect and self-esteem as precursors to adult self-esteem and life satisfaction. *Motivation and Emotion, 44*, 707-718. <https://doi.org/10.1007/s11031-020-09825-7>
- Warren, M. T.**, & Warren, M. A. (2019). Measuring high quality work relationships: A test of model and gender invariance. *Journal of Personnel Psychology, 18*, 46-52. <https://doi.org/10.1027/1866-5888/a000217>.
- Warren, M. T.**, Wray-Lake, L., & Syvertsen, A. K. (2018). Becoming who they want to be: A cross-national examination of value-behavior concordance and mindfulness in adolescence. *The Journal of Positive Psychology, 13*, 605-616. <https://doi.org/10.1080/17439760.2017.1350741>
- Warren, M. T.**, & Wray-Lake, L. (2017). Does mindfulness prepare adolescents for value-behavior concordance? Examining the role of value content. *Journal of Adolescence, 58*, 56-66. <https://doi.org/10.1016/j.adolescence.2017.04.011>
- Warren, M. T.**, Wray-Lake, L., Rote, W. M., & Shubert, J. (2016). Thriving while engaging in risk? Examining trajectories of adaptive functioning, delinquency, and substance use in a nationally representative sample of U.S. adolescents. *Developmental Psychology, 52*, 296-310. <https://doi.org/10.1037/a0039922>
- Finlay, A. K., Wray-Lake, L., **Warren, M. T.**, & Maggs, J. (2015). Anticipating their future: Adolescent values for the future predict adult behaviors. *International Journal of Behavioral Development, 39*, 359-367. <https://doi.org/10.1177/0165025414544231>
- Coffey, J. K., **Warren, M. T.**, & Gottfried, A. W. (2015). Does infant happiness forecast adult life satisfaction? Examining subjective well-being in the first quarter century of life. *Journal of Happiness Studies, 16*, 1401-1421. <https://doi.org/10.1007/s10902-014-9556-x>
- Basáñez, T., **Warren, M. T.**, Crano, W. D., & Unger, J. B. (2014). Perceptions of intragroup rejection and coping strategies: Malleable factors affecting Hispanic adolescents' emotional and academic outcomes. *Journal of Youth and Adolescence, 43*, 1266-1280. <https://doi.org/10.1007/s10964-013-0062-y>
- Lee, J. Y., King, C., Stradling, D., **Warren, M. T.**, Nguyen, D., Lee, J., Riola, M., Montoya, R., Patel, D., Le, V., Welbourne, S., & Cramer, S. C. (2012). Influence of hematoma location on acute mortality after intracerebral hemorrhage. *Journal of Neuroimaging, 24*, 131-136. <https://doi.org/10.1111/j.1552-6569.2012.00766.x>
- Cramer, S. C., Fitzpatrick, C., **Warren, M. T.**, Hill, M., Brown, D., Whitaker, L., Ryckborst, K., & Plon, L. (2010). The Beta-hCG + Erythropoietin in Acute Stroke (BETAS) study: A three center, single dose, open label, non-controlled, Phase IIa safety trial. *Stroke, 41*, 927-31. <https://doi.org/10.1161/STROKEAHA.109.574343>
- Huda, S., Rodriguez, R., Lastra, L., **Warren, M. T.**, Lacourse, M. G., Cohen, M. J., & Cramer, S. C. (2008). Cortical activation during foot movements II: Effect of movement rate and side. *Neuroreport, 19*, 1573-7. <https://doi.org/10.1097/WNR.0b013e328311ca1c>

Books and Book Chapters

Wright, J. C., **Warren, M. T.**, & Snow, N. E. (2020). *Understanding virtue: Theory and measurement*. New York: Oxford University Press.
<https://doi.org/10.1093/oso/9780190655136.001.0001>

Praise for book:

“If you want to know how to make a deep, coherent, and intellectually sound contribution to two disciplines with one theory, read this book. Wright, Warren, and Snow ... propose an outstanding and ambitious plan for future scholarship.” -- William Fleeson, Hultquist Family Professor of Psychology, Wake Forest University

“Their thoughtful insights on what virtue is and how it should be measured represents a groundbreaking achievement and an admirable standard for future studies. This book is a must-read for both social scientists working in morality and philosophers interested in empirically-informed accounts of virtue.” -- Eranda Jayawickreme, Associate Professor, Department of Psychology and Senior Research Fellow, Program for Leadership and Character, Wake Forest University

“The authors have opened up a whole new chapter in the history of virtue research. This is moral psychology, in its broadest sense, at its best.” -- Kristján Kristjánsson, Professor of Character Education and Virtue Ethics, University of Birmingham

Snow, N. E., Wright, J. C., & **Warren, M. T.** (2021). Phronesis and whole trait theory: An integration. In M. De Caro & M. S. Vaccarezza (Eds.), *Practical wisdom. Philosophical and psychological perspectives*. Routledge.

Nakamura, J., **Warren, M. T.**, Branand, B., Liu, P.-J., Wheeler, B., & Chan, T. (2014). Positive psychology across the lifespan. In J. Teramoto Pedrotti & L. M. Edwards (Eds.), *Perspectives on the intersection of multiculturalism and positive psychology*. Springer.

Manuscripts Under Review

Murray, E. D., **Warren, M. T.**, Meindl, P., & Jayawickreme, E. (revise and resubmit; *Infant and Child Development*). *Embracing change: Using insights from dynamic personality accounts to move developmental metatheory forward*.

Roeser, R. W., Greenberg, M., Frazier, T., Galla, B. M., Semenov, A., & **Warren, M. T.** (revise and resubmit; *Mindfulness*). *Envisioning the next generation of science on the study of mindfulness and compassion in schools for students*.

Warren, M. T., Galla, B. M., & Grund, A. (under review). *Using Whole Trait Theory to unite trait and state mindfulness*. <https://doi.org/10.31234/osf.io/vfw2u>

Warren, M. T., Braun, S. S., & Schonert-Reichl, K. A. (under review). *A virtues approach to children's thinking about kindness*.

Warren, M. T., Warren, M. A., & Smith, B.*, & LaVelle, J. M. (under review). *Impostor phenomenon and social justice allyship at work: Investigating profiles of allyship functioning and links to mental health and work outcomes*.
<https://doi.org/10.31234/osf.io/w8ubv>

*denotes Western student author

Warren, M. A.⁺, **Warren, M. T.**⁺, Bock, H.⁺*, & Smith, B.* (under review). *"If you want to be an ally, what is stopping you?" Mapping the landscape of intrapersonal, interpersonal, and contextual barriers to allyship in the workplace using ecological systems theory.*
<https://doi.org/10.31234/osf.io/py3m5>

⁺denotes shared first authorship

*denotes Western student author

Warren, M. A., & **Warren, M. T.** (under review; pitch accepted by *Harvard Business Review*).
Beyond allyship tips: Charting a vision for self-development as an ally in the workplace.

Manuscripts in Preparation

Warren, M. T., & Galla, B. M. (in prep). *Towards an integrated theory of how mindfulness develops during adolescence: A whole trait perspective.*

Warren, M. A.⁺, **Warren, M. T.**⁺, Niemiec, R., Smith, B.*⁺, & Fogel, C.* (in prep). *Character profiles that position men to address gender bias through 'committed' and 'relationship-building' allyship strategies in the workplace.*

⁺denotes shared first authorship

*denotes Western student author

Popular Press, Applied Work, and Program Evaluations

Gadermann, A. M., **Warren, M. T.**, Gagné, M., Thomson, K. C., Schonert-Reichl, K. A., Guhn, M., Molyneux, T. M., & Oberle, E. (2021). The impact of the COVID-19 pandemic on teacher well-being in British Columbia. Research report. Vancouver, BC: The Human Early Learning Partnership.

Gadermann, A. M., Gill, R., Thomson, K. C., **Warren, M. T.**, Gagné, M., Schonert-Reichl, K. A., Guhn, M., & Oberle, E. (2021). Impact of the COVID-19 pandemic on youth well-being in British Columbia: Findings from the Middle Years Development Instrument (MDI) COVID-19 Module - Revelstoke. Research report. Vancouver, BC: The Human Early Learning Partnership.

Gadermann, A. M., Gill, R., Thomson, K. C., **Warren, M. T.**, Gagné, M., Schonert-Reichl, K. A., Guhn, M., & Oberle, E. (2021). Impact of the COVID-19 pandemic on youth well-being in British Columbia: Findings from the Middle Years Development Instrument (MDI) COVID-19 Module - Coquitlam. Research report. Vancouver, BC: The Human Early Learning Partnership.

Warren, M. T. (16 Sep 2020). How teens are making meaning out of the pandemic. *Greater Good Magazine: Science-Based Insights for a Meaningful Life.*
https://greatergood.berkeley.edu/article/item/how_teens_are_making_meaning_out_of_the_pandemic

- Warren, M. T., & Narvaez, D.** (2020). *Teachers' Guide to Civic Virtue*. Norman, OK, USA: The Self, Virtue, and Public Life. <https://selfvirtueandpubliclife.com/initiatives/civic-virtues-project/>
- Warren, M. T., & Snow, N. E.** (2019). *Civic Virtues Teacher Workshop*. Norman, OK, USA: The Self, Virtue, and Public Life. <https://selfvirtueandpubliclife.com/initiatives/civic-virtues-project/workshop2019/>
- Warren, M. T., & Snow, N. E.** (2019). *Virtues Strategic Plan Implementation Teacher Workshop*. Norman, OK, USA: Institute for the Study of Human Flourishing.
- Warren, M. T.** (2019 January). *Norman Public Schools Longitudinal Virtue Project, Fall 2018 report*. Report written on behalf of the Institute for the Study of Human Flourishing, for Norman Public Schools, Norman, OK, USA.
- Warren, M. T.** (2017 June). *Norman High School Students' Motivation and Character Strengths*. Report written on behalf of the Institute for the Study of Human Flourishing, for Norman High School, Norman, OK, USA.
- Warren, M. T.** (2017 May). *Norman High School Faculty/Staff Experiences with Character Strengths Education, Academic Life Coach Training, and Learning & the Brain Conferences*. Report written on behalf of the Institute for the Study of Human Flourishing, for Norman High School, Norman, OK, USA.
- Warren, M. T.** (2017 June). *Character, Motivation, and Attitudes Toward Police among Youth Involved in the Family Awareness and Community Teamwork (FACT) Program*. Report written on behalf of the Institute for the Study of Human Flourishing, for the Oklahoma City Police Department's FACT Unit, Oklahoma City, OK, USA.

Peer Review Reports

- Warren, M. T.** (2020). Peer Review Report For: Development and validation of the English version of the Moral Growth Mindset measure [version 1; peer review: 1 approved with reservations]. *F1000Research*, 9:256. <https://doi.org/10.5256/f1000research.25564.r62240>

Conference Presentations

- Warren, M. T., & Galla, B. M.** (2022 August). *Mindfulness in adolescence*. Presentation at the American Psychological Association Conference, Minneapolis, MN, USA.
- Warren, M. A., Warren, M. T., & Bordoloi, S. D.** (2021 November). *How can everyday individuals leverage their virtues to become effective allies for social justice in the workplace? Lessons from life story interviews with 25 exemplary allies*. Presentation at the 47th Annual Association for Moral Education Conference. <https://www.youtube.com/watch?v=WkMexh87KOU>
- Wright, J. C., Warren, M. T., & Snow, N. E.** (2021 May). *Understanding virtue: Theory and measurement*. Presentation at the 1st Network for Research on Morality Conference. <https://www.youtube.com/watch?v=6kh148CaEr0>

- Warren, M. T., & Schonert-Reichl, K. A.** (2020 November). *A virtues approach to children's thinking about kindness*. Presentation at the 46th Annual Association for Moral Education Conference. <https://youtu.be/Re0Ce3ei0Cw>
- Warren, M. T., & Schonert-Reichl, K. A.** (2020 November). *Do supportive relationships buffer the detrimental effect of victimization on the development of dispositional mindfulness?* Poster at Mind and Life Contemplative Research Conference Online.
- Warren, M. T., & Schonert-Reichl, K. A.** (2020 June). *Does naturalistically-developed dispositional mindfulness translate empathy into compassionate behaviour?* Poster at the 2020 Mind and Life Summer Research Institute. <https://youtu.be/cEew1CkgUx4>
- Warren, M. T., Mahmoodzadeh, M., Shubert, J., & Wray-Lake, L.** (2018 November). *Developmental changes in mindful awareness during middle adolescence*. Paper presented at the International Symposium for Contemplative Research, Phoenix, AZ, USA.
- Warren, M. A., & Warren, M. T.** (2017 May). *Thinking about "Us"? A gender sensitive examination of relationship thoughts and relationship quality among US workers*. Paper presented at the 2017 Positive Organizational Scholarship Research Conference, Ann Arbor, MI, USA.
- Warren, M. T.** (2017 April). *Integrating Schwartz's refined values with self-determination theory's intrinsic-extrinsic dimension?* Paper presented at the 89th Midwestern Psychological Association Annual Meeting, Chicago, IL, USA.
- Warren, M. T., & Wray-Lake, L.** (2017 January). *Does mindfulness foster value-behavior concordance for intrinsic and extrinsic values?* Paper presented at the 2nd Western Positive Psychology Association Conference, Claremont, CA, USA.
- Basáñez, T., Warren, M. T., Basáñez, M., & Crano, W. D.** (2015 July). *Harsh vs. benevolent environments: Interpersonal trust when meeting new others*. Paper presented at the 2015 Regional Meeting of the International Association for Cross Cultural Psychology, San Cristobal de las Casas, Chiapas, Mexico.
- Warren, M. T., Wray-Lake, L., & Syvertsen, A.** (2015 June). *Becoming who they want to be: Effects of adolescent mindfulness on value-behavior concordance and thriving*. Paper presented at 4th World Congress on Positive Psychology, Lake Buena Vista, Florida, USA.
- Warren, M. T., Coffey, J. K., & Gottfried, A. W.** (2014 September). *Self-esteem or positive affect: Adolescent precursors to adult well-being?* Paper presented at 1st Western Positive Psychology Association Conference, Claremont, CA, USA.
- Basáñez, T., Crano, W.D., Basáñez, M., & Warren, M.** (2014 July). *Cross-cultural differences in building new relations*. Paper presentation at the International Association for Cross Cultural Psychology's 22nd International Congress, Reims, France.
- Warren, M. T., Wray-Lake, L., & Syvertsen, A.** (2014 March). *Does mindfulness serve as a catalyst for aligning values with behavior during adolescence?* Poster presented at 15th Society for Research on Adolescence Biennial Meeting, Austin, TX, USA.

- Basáñez, T., **Warren, M.**, Lamb, C., Basáñez, M., Albaracín, D., & Crano, W. D. (2014 February). *Trust in new relationships: Implications for risk regulation theory*. Poster presented at 15th Annual Meeting of The Society for Personality and Social Psychology, Austin, TX, USA.
- Warren, M. T.**, & Nakamura, J. (2013 June). *A mixed-method investigation of happiness and interpersonal processes in US adults*. Symposium presented at 3rd World Congress of Positive Psychology, Los Angeles, CA, USA.
- Wheeler, B., **Warren, M.**, & Dulay, J. P. (2013 June). *Harmony, family, and love: Findings from the US branch of the Eudaimonic and Hedonic Happiness Investigation*. Symposium presented at 3rd World Congress of Positive Psychology, Los Angeles, CA, USA.
- Coffey, J., **Warren, M. T.**, & Gottfried, A. (2013 June). *Adolescent happiness versus self-esteem: Which matters most for adult positive well-being?* Symposium presented at 3rd World Congress of Positive Psychology, Los Angeles, CA, USA.
- Jarman, M. S., **Warren, M.**, & Nakamura, J. (2013 June). *Unconditional happiness at work: Theory and measurement*. Poster presented at 3rd World Congress of Positive Psychology, Los Angeles, CA, USA.
- Basáñez, T., **Warren, M.**, Bard, J., Engers, W., Nadler, A., Crano, W. D., & Basáñez, M. (2013 January). *Cross-cultural comparison of risk regulation processes*. Symposium presented at 14th Annual Student Research Conference, Claremont, CA, USA.
- Jarman, M., & **Warren, M.** (2012 November). *Ego reduction: An underpinning of nonviolence and unconditional happiness?* Paper presented at 5th biennial interdisciplinary conference on Ahimsa (Nonviolence) and Sustainable Happiness, Cal Poly Pomona, Pomona, CA, USA.
- Warren, M.** (2012 April). *Predictors and pathways to adult life satisfaction: Research conceptualization and empirical issues*. Symposium presented at 92nd Western Psychological Association Convention, San Francisco, CA, USA.
- Coffey, J., **Warren, M.**, & Gottfried, A. (2012 April). *Predictors and pathways to adult life satisfaction: Does happiness during infancy and adolescence predict adult life satisfaction?* Symposium presented at 92nd Western Psychological Association Convention, San Francisco, CA, USA.
- Basáñez, T., **Warren, M. T.**, & Unger, J. B. (2012 April). *Avoidant coping and self-disclosure: Strategies related to self-agency in adolescence*. Symposium presented at 92nd Western Psychological Association Convention, San Francisco, CA, USA.
- Warren, M.**, Jarman, M., & Nakamura, J. (2012 April). *Does trait mindful awareness make self-reports more accurate?* Poster presented at 92nd Western Psychological Association Convention, San Francisco, CA, USA.
- Warren, M. T.**, Tang, J., & Wray-Lake, L. (2012 March). *Trajectories of positive youth development, substance use, and delinquency in a nationally representative sample of US adolescents*. Poster presented at Society for Research on Adolescence 14th Biennial Meeting, Vancouver, BC, Canada.

Warren, M., Liu, P., Rho, Y. J., & Nakamura, J. (2011 July). *Accuracy of perceptions of aging and subjective well-being*. Poster presented at 2nd World Congress on Positive Psychology, Philadelphia, PA, USA.

Warren, M., Vrooman, K., Levy, A., & Spezio, M. (2011 April). *A pilot study of relational meditation in older adults*. Poster presented at 91st Western Psychological Association Convention, Los Angeles, CA, USA.

Cramer, S. C., Plon, L., **Warren, M.**, Whitaker, L., Brown, D., Fitzpatrick, C. (2008 February). *Safety of beta-hCG + erythropoietin in acute stroke*. Poster presented at International Stroke Conference, New Orleans, LA, USA.

Center for Cross-Cultural Research (CCCR) Presentations

Warren, M. A., **Warren, M. T.**, & Bock*, H. (2022 January). “*If you want to be an ally, what is stopping you?*” *Mapping the landscape of internal, interpersonal, and contextual barriers to allyship in the workplace using ecological systems theory*. Presentation at the Center for Cross-Cultural Research, Western Washington University, WA, USA.

*denotes Western student author

Warren, M. T., Warren, M. A., & Smith*, B. (2021 November). “*Do I deserve to be called an ally?*” *A latent profile analysis of social justice allyship and impostorism in the workplace*. Presentation at the Center for Cross-Cultural Research, Western Washington University, WA, USA.

*denotes Western student author

Warren, M. A., **Warren, M. T.**, & Bordoloi, S. D. (2021 May). *Development of an allyship readiness questionnaire*. Presentation at the Center for Cross-Cultural Research, Western Washington University, WA, USA.

Warren, M. T. (2020 November). *Virtue, measurement, and culture*. Presentation at the Center for Cross-Cultural Research, Western Washington University, WA, USA.

McLean, K. C., Gonzalez, A. M., Ciao, A. C., & **Warren, M. T.** (2018 November). *Belongingness at Shuksan Middle School*. Presentation at the Center for Cross-Cultural Research, Western Washington University, WA, USA.

Honors and Awards

Postdoctoral Fellowship (\$55,000 per year), The Human Early Learning Partnership, University of British Columbia, 2019-2021

Postdoctoral Fellowship (\$67,000 stipend), Institute for the Study of Human Flourishing, University of Oklahoma, 2016-2017

International Positive Psychology Association Student Scholarship, 2015

Dean’s Competitive Travel Awards, Claremont Graduate University, 2012-2015

Dean’s Merit-Based Fellowships, Claremont Graduate University, 2010-2011

Douglas and Ethel Pearce Endowed Fellowship (100% tuition), Claremont Graduate University,

2010

Stuart Oskamp Fellowship (50% tuition), Claremont Graduate University, 2009
School of Behavioral and Organizational Sciences Merit-Based Scholarship, Claremont
Graduate University, 2008-2011
Positive Psychology Fellow (\$10,000 per year), Claremont Graduate University, 2008-2010

Grants and Research Funding

- 2022 – 2024 Principal Investigator. A Whole Trait Theory account of mindfulness in adolescence. *Mind & Life Institute: Francisco J. Varela Grant*. USD 19,421.
- 2021 – 2022 Collaborator (Principal Investigator: Meg A. Warren, Western Washington University). Anti-racism allyship readiness questionnaire: Developing a measure of anti-racism allyship readiness in the workplace. *Center for Cross-Cultural Research, Western Washington University*. USD 5,000.
- 2019 Co-Principal Investigator (Principal Investigator: Kate C. McLean, Western Washington University). Belongingness at Shuksan Middle School. *Center for Cross-Cultural Research, Western Washington University*. USD 19,000.
- 2015 – 2016 Principal Investigator. Becoming who they want to be: Value-behavior concordance, mindfulness, and thriving in adolescence. *Claremont Graduate University: Dissertation Research Grant*. USD 10,000.
- 2012 – 2013 Co-Principal Investigator (Principal Investigator: Tatiana Basáñez, Claremont Graduate University). Cross-cultural comparison testing risk regulation theories. *Hillcrest Transdisciplinary Reading/Working Group Award, Claremont Graduate University*. USD 500.
- 2010 Co-Principal Investigator (Principal Investigator: Matthew S. Jarman, Claremont Graduate University). The concept and measurement of unconditional happiness. *Jenness Hannigan Research Fellowship, Claremont Graduate University*. USD 200.
- (Unfunded) Co-Principal Investigator (Principal Investigator: Meg A. Warren, Western Washington University). Allyship readiness questionnaire: Developing a measure of anti-racism allyship readiness in the workplace. *Society for Industrial and Organizational Psychology (APA Div 14)*. USD 6,790.
- (Unfunded) Collaborator (Principal Investigator: Kimberly A. Schonert-Reichl). Evaluating the implementation of the Open Parachute program in high school students: Feasibility, fidelity, and responsiveness. *Open Parachute*. CAD 100,355 (equivalent to USD 74,892 as of Jul 2020).

Professional Societies and Associations

- 2019 – present Association for Moral Education (Race/Multiculturalism Special Interest Group)
- 2019 – present Moral Science Network

2017 – present Western Psychological Association
2014 – present Society for Research on Adolescence
2011 – present International Positive Psychology Association
2010 – present Mind & Life Institute

Teaching Experience

Assistant Professor: Western Washington University (2022-present)

Research Methods and Statistical Analysis: Correlational Approaches
(Fall 2022), 40 UG students

Assistant Professor: University of La Verne (2017-2018)

Lifespan Development (Spring 2018), 30 UG students
Experimental Psychology (Spring 2018), 18 UG students
Principles of Psychology—PSY 101 (Fall 2017 – Spring 2018)
2 sections; 19 - 25 UG students
Research Methods (Fall 2017), 27 UG students

Lecturer: Western Washington University (2018-2019)

Advanced Multivariate Modeling (Spring 2019), 4 graduate students
Lifespan Psychological Development (Winter 2019), 12 graduate students
Research Methods and Statistical Analysis: Correlational Approaches
(Fall 2018), 40 UG students

Lecturer: California State University, Fullerton (2012-2016)

Intermediate Research Methods and Statistics (2 sections; 32 – 33 UG students/section)
Advanced Psychological Statistics (4 sections; 25 – 30 UG students/section)
Computer Applications in Psychology (3 sections; 20 – 25 UG students/section)
Psychological Testing and Assessment (6 sections; 20 – 85 UG students/section)

Graduate Teaching Associate: Claremont Graduate University

Foundations of Positive Psychology (Faculty: Dr. Mihaly Csikszentmihalyi and Dr.
Jeanne Nakamura; 20 graduate students)
Intermediate Statistics (Faculty: Dr. Kathy Pezdek; 65 graduate students)
Analysis of Variance (Faculty: Dr. Dale Berger; 65 graduate students)
Applied Multiple Regression (Faculty: Dr. Dale Berger; 65 graduate students)
Categorical Data Analysis (Faculty: Dr. Dale Berger; 65 graduate students)

Miscellaneous: Dissertation statistics consultant (1 yr), guest lectures (11).

Service

2019 – present Committee Member for Master's Theses Western Washington
MS in Experimental Psychology Program University

- Camille Fogel (proposal defended 2022). *Moral Injury in Survivors of Domestic Violence*.
- Haley Bock (2022). *Activation of Meta-stereotypes and Prejudice: The Moderating Role of Self-compassion During Perspective-taking*.
- Mikayla L. Shea (2020). *Connecting to Nature: Mindfulness and Desire to Engage in Pro-Environmental Behaviors*.

2018 – 2019	Faculty Associate for Center for Cross-Cultural Research	Western Washington University
2010	Ph.D. Admissions Committee (Student Member) Developmental Concentrations	Claremont Graduate University
2010	Faculty Search Committee (Student Member)	Claremont Graduate University

Ad-hoc reviewer for peer-reviewed journals:

- *Journal of Adolescence*
- *Motivation and Emotion*
- *Philosophical Psychology*
- *International Journal of Wellbeing*
- *F1000Research*

References

Kimberly Schonert-Reichl, Ph.D.

Professor of Psychology
University of Illinois Chicago
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