

LiveStrong at the YMCA-M/W 1:30-3pm at the Bellingham YMCA (1256 N. State) help cancer survivors & thrivers to gain strength & endurance, improve balance & range of motion, and build relationships that support and encourage them. Program just started and runs through July 5th, though a student could finish when school is out if needed. Contact is Tammy Bennett, tbennett@whatcomymca.org, or 360-255-0490

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Tammy Bennett

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For Youth Development
For Healthy Living
For Social Responsibility