

# COUNSELING TRAINING CLINIC

## Free Individual Counseling



*Western's Counseling Training Clinic has been a valuable resource to Bellingham and the surrounding communities for over 35 years.*

Graduate students in Western's Psychology Department provide free in-person and tele-health mental health counseling sessions, under faculty supervision.

Counselors work with children, adolescents, and adults and are trained to deal with a wide range of concerns including:

### APPOINTMENTS AVAILABLE

January through June  
Monday through Thursday  
12 p.m. to 5 p.m.  
*Call early December for  
priority scheduling*

### LEARN MORE

360-650-3184 • [www.western.edu/ctc](http://www.western.edu/ctc)

*Depression*

*Grief*

*Anxiety*

*Stress*

*Childhood Issues*

*Parent-Child  
Conflicts*

*Communication  
Problems*

*Behavioral  
Concerns*

*Relationship  
Difficulties*

*Vocational Choices*

*We are offering in person services for all ages and remote services for individuals 13 years and older from January through June, 2024. We can be reached by phone at (360) 650-3184 Monday through Friday from 8 a.m. - 5 p.m.*

*Western is an equal opportunity institution.  
To request this document in an alternate format, or  
for disability accommodation, contact 360-650-3184.*

**DEPARTMENT OF  
PSYCHOLOGY**



MAKE WAVES.